

# Start Licensed Child Care Center License

Caring for 19 children or more in a facility





# Developing a **Licensed Child Care Center**

Start Licensed Child Care | Center License outlines the steps to open a licensed child care center in North Dakota. Prospective child care center owners and planners can use this guide to direct their efforts during each stage of development – from initial planning discussions to facility design.

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# Contact Us for **Help Along** the Way

The Department of Human Services contracts with Child Care Aware® of North Dakota to provide prospective child care owners with free start-up consultation and guidance to meet licensing requirements and inspections.

In general, center planners will connect with inspectors for building, fire, health and child care licensing at least two times during the start-up process. Child Aware® can point out obstacles that may prevent your center from meeting requirements and, as you prepare to purchase or lease, can alert you to potential design challenges.

Consider contacting Child Care Aware® before moving forward with any contractual arrangement related to building designs or purchase agreements.



800-997-8515



StartChildCare@ndchildcare.org



www.ndchildcare.org

# **Understand License Requirements**

Child care centers can provide care for 19 or more children in a public/private building.

The actual licensed capacity of a child care center is determined by available space, staff to child ratios, and sometimes local ordinances.

Learn more about North Dakota child care licenses: http://www.nd.gov/dhs/services/childcare/info/

The following list identifies some of the basic state requirements to become a licensed child care center. Refer to the Child Care Center Compliance Checklist (SFN 1423- See page 20) for a complete list of requirements.

#### **Center Director Qualifications**

A center director must meet these qualifications:

Be an adult of good physical, cognitive, social and emotional health, and shall use mature judgment when making decisions impacting the quality of child care
Possess knowledge or experience in management and interpersonal relationships
Have at least <b>ONE</b> of the following degree/certification requirements:

#### **OPTION ONE:**

A bachelor's degree in the field of early childhood education or child development

#### **OPTION TWO:**

A bachelor's degree with at least six months experience in a child care center or similar setting and one of the following:

- Eight semester hours or twelve quarter hours in early childhood education or child development
- One hundred twenty hours of department-approved early childhood training
- A director's credential approved by the department

#### **OPTION THREE:**

An associate's degree in the field of early childhood education or child development with at least 6 months of experience in a child care center or similar setting

#### **OPTION FOUR:**

An associate's degree with at least one year experience in a child care center or similar setting and one of the following:

- Eight semester hours or twelve quarter hours in early childhood education or child development
- One hundred twenty hours of department-approved early childhood training
- A director's credential approved by the department

#### **OPTION FIVE:**

A teaching certificate in elementary education with at least six months of experience in a child care center or similar setting

#### **OPTION SIX:**

A current certification as a child development associate or successful completion of a department approved diploma program with emphasis in early childhood or child care, with at least one year of experience in a child care center or similar setting

#### **OPTION SEVEN:**

Certification from a Montessori teacher training program with at least one year of experience in a Montessori school, child care center, or similar setting and at least one of the following:

- Eight semester hours or twelve quarter hours in early childhood education or child development
- One hundred twenty hours of department-approved early childhood training
- A director's credential approved by the department

Understand Licensing Requirements - continued on page 3



Understand Licensing Requirements - continued from page 3

#### **Staff Requirements**

- ☐ One staff person with current CPR and first aid training is on duty whenever children are present.
- ☐ Qualified director be present at least 60% of the time
- ☐ Center must be sufficiently staffed at all times to meet the child to staff ratios for children in attendance and that no more children than the licensed capacity are served at any one time
- ☐ All staff must complete a Criminal History Background Check (SFN 831 See page 53)
- ☐ All staff members must complete an Authorized Background Check (SFN 508 See page 32

#### **Facility Requirements**

- ☐ Fire Inspection. Contact your local fire inspector for fire codes that may apply to your area.
- ☐ Minimum of 35 sq. ft. per child of usable play space indoors
- ☐ Minimum of 75 sq. ft. per child of usable play space outdoors OR 75 sq ft of usable indoor recreational space
- ☐ Child care environment provides an adequate supply of safe play equipment, toys, materials for indoor/outdoor activity (See Appendix page 33)
- ☐ Meets sanitation and safety requirements.
- ☐ Adequate heating, ventilation, humidity, and lighting
- ☐ A minimum of one sink and one flush toilet per 15 children, excluding those not toilet trained
- ☐ Hot and cold running water (hot water is 120 degrees Fahrenheit or less)
- ☐ Sanitary hand drying equipment, individual cloth or paper towels and safe step stools available
- ☐ An approved first aid kit
- ☐ An emergency disaster plan is developed and posted
- ☐ Fenced outdoor play area
- ☐ Napping areas for undisturbed rest
- ☐ Smoke-free environment and signage posted
- ☐ Covered or inaccessible garbage containers

Understand Licensing Requirements - continued on page 4

#### **Policy, Procedure and Contract Requirements**

Written daily schedule that includes age appropriate activities and intervals of stimulation/relaxation/active/quiet/rest times
Meal plans posted that meet Child and Adult Care Food Program guidelines http://www.dpi.state.nd.us/childcacfp/index.shtm
Parent Handbook (See Appendix page 36)
Staff Handbook (See Appendix page 44)
Written plan for guidance and discipline of the children
Reporting procedure if parents or staff wish to file a complaint, suspected licensing violation, or suspected child abuse or neglect
Written plans to respond to illness and emergencies
Posted Evacuation Disaster Plan (SFN 517- see page 51) that includes plans/procedures for  - Emergency food, water  - First aid supplies (see Appendix page 52)  - Pickup/relocation information
Accountability procedure when a child fails to arrive
Transportation policy if applicable
Written agreements regarding fees and payments
Written policies on employment
A copy of regulations
Individual files for each child that contain:
• Child Information Sheet (SFN 845 - see page 57) form that includes the child's name, birth date, and current home address
<ul> <li>Parent Statement of Health (SFN 847 - see page 58) that lists medical and health information for each child</li> <li>Immunization records (except for school age children/drop in) or valid exemption</li> <li>Written emergency medical care authorization</li> <li>Release of information form for each child</li> </ul>
Health care plan for individuals diagnosed with a special need
<ul> <li>Individual files for each staff person that contain:</li> <li>Documentation to verify qualifications</li> <li>Documentation of CPR Cards</li> <li>Documentation of First Aid Cards</li> </ul>
Authorized Background Check Form (SFN 508 - see page 32)
Criminal History Background Check (SFN 831 - See page 53)

#### **Get Information on Local Ordinances**

County social services licenses and inspects child care programs to ensure compliance with North Dakota child care rules and regulations. They also provide information on local ordinances.

Connect with the child care licenser for your area by contacting your county social services office.

http://www.nd.gov/dhs/locations/countysocialserv/

## **Determine Business Type**

#### Sole Proprietorship

This is a situation in which one person owns and manages the business and is the sole person financially responsible. In other words, this person receives all the money from the business but is also legally responsible for all its debts. If you are a sole proprietorship, you are responsible for the income tax of the business.

Aside from the financial responsibilities and licensing regulations, the sole owner of a business has no obligation to an outside authority. This person can make the decisions on curriculum, fees, philosophy, policies, and related matters without having to answer to anyone else, as long as it stays within the limits of licensing regulations, state law and financial responsibilities.

#### **Partnership**

If two or more persons get together to operate a business, they form a partnership, drawing up an agreement with help from an attorney that states each person's share in the business. These persons make decisions and receive monies as would an individual, dividing income according to each person's share. They are also responsible for the debts incurred by the business, again dividing that responsibility according to each person's share in the business. Partnerships do not pay income taxes. Rather, each partner is taxed on his or her proportionate share of the business.

The partnership, like the sole proprietorship, is responsible only to itself, making all decisions related to the operation of the facility, as long as it stays within the limits of licensing regulations, state law and financial responsibilities.

#### **Corporation (For profit)**

Usually a corporation is formed when there is more than one person involved in a business, although in some states individuals may also become incorporated. Corporations are organized under state laws and therefore may differ somewhat from state to state. A corporation still needs to stay within the limits of licensing regulations and legal financial responsibilities. Basically, a corporation operates as though it were an individual. The corporation assumes the responsibility of the business, receives all monies, and assumes all debts.

Members of the corporation are not held personally responsible for debts of the business, but only for the share of the business that they own. You will need legal assistance to set up a corporation and may need additional legal assistance for its continuation, should problems arise. Unlike the partnership form of a business, a corporation pays income taxes on its profit, while the members of the corporation pay income tax on their share of the profits.

It is conceivable that family members can become a simple corporation and function as the Board of Directors and officers. The Board, in turn, hires the facility director, and sets his/her salary.

#### **Nonprofit Corporation**

To enter the nonprofit field, an organization must become incorporated. This assures those who contribute to the facility that all monies received will go into the project and will not be of benefit to any individual. Nonprofit corporations receive some tax exemptions, since they don't profit. All monies earned must be put back into their business.

Child care businesses who decide to incorporate as a nonprofit are regulated by federal and state law. Nonprofit incorporation is best handled by an attorney in consultation with a certified public accountant. It is important to understand the advantages and disadvantages of being a nonprofit before a decision is made.

Nonprofits are required by law to have a Board of Directors. Those members should be chosen very carefully as the duties of board members are significant. For most nonprofits that find themselves in financial or organizational difficulty, the reason(s) can be traced to inadequate board member recruitment and training.

If the facility is operated by a religious organization, a community service organization, or some type of incorporated group, the facility is considered to be nonprofit. It operates under the sponsors' nonprofit incorporation papers (501c3). Tuition income may be supplemented by the sponsoring group either through fund raising or grants. Often the sponsoring body will just underwrite one or more aspects of the program, such as providing facilities free of charge.

# **Create a Budget**

#### **Vision Determines Budget**

Begin by outlining a vision for the center. The following questions will help you determine the center's services and frame the basis for the start-up and operating budgets.

- What is the demand for child care services in the area?
- What are the current market rates for child care services?
- What are the desired financial outcomes?
- What are the desired programmatic outcomes?
- Are adequate levels of qualified center management and staff available for hire?
- What is the average salary of child care staff in the area?
- How many children will the center serve? What are their ages?
- How will the exterior look? Will the center portray a positive street appeal?
- How will the interior look? What messages will the interior design features convey?
- · Why should families choose this center?
- What will set the center apart from existing child care centers in the area?

#### Who should develop the budget?

Budgets represent the future. A center director, the person who enrolls families, manages staff, and plans for the facility's future, typically develops the budgets and, for non-profit entities, works in collaboration with their parent advisory board or board members (if these have already been established). Budget development should not be the responsibility of the facility's accountant or the bookkeeper.

#### Possible Income

Consider Child and Adult Care Food Program (CACFP) reimbursements when estimating cost of meals and snacks for eligible children. To participate in the CACFP, a facility must be a public institution, a private non-profit (501(c) 3) institution, or a for-profit facility in which 25% or more of the children receive Child Care Assistance or meet the requirement for free or reduced price meal benefits.

www.dpi.state.nd.us/child/cacfp

New projects require the preparation of two budgets:

- Start-up budget (See page 61 for worksheet) that projects start-up income/expenses
- Operational budget (See page 62 for worksheet) that projects daily income/expenses.

The goal of both budgets is to balance expenses by projected income or other revenue sources.

#### **Start-Up Budget**

Estimate initial start-up project costs to get a sense of how much money will be needed and whether it's feasible to proceed. Building, labor and material costs change constantly, so adjust your budget accordingly when

- · A site is selected
- · A purchase or rental cost is known
- Architectural and construction (plumbing, carpentry, electrical) bids are submitted
- Furniture and equipment needs are identified

#### **Annual Operating Budget**

List all anticipated expenses that will occur once your child care program is operating at desired capacity.

A financially healthy for-profit or nonprofit child care facility can expect a 5-7% profit or surplus after expenses. It is best to estimate expenses higher and project income lower as you create a budget.

Personnel	75-80%
Occupancy	8-15%
Meals/snacks	4-8%
Supplies	2-5%
Equipment	2-5%
Insurance	2-3%
Other services	2-4%
Profit/surplus	5-7%

Contact Child Care Aware for an Excel spreadsheet template that is formatted specifically for a center budget. Simply add your fees, enrollment, staff salaries, etc. and figures will calculate automatically.



#### **Budget conservatively the first year**

Use a realistic enrollment utilization rate when writing the first year's operational budget. A program rarely enrolls to 100% of licensed capacity within the first year. Budget conservatively for year one by estimating enrollment at 85% to 95% of capacity.

The following scenarios compare budget projections at 100% and 85% utilization for a facility licensed for 50 children and charging \$5,000 per year (50 weeks x \$100 per week). It shows a dramatic shortfall of \$35,000 when enrollment fell short by 15%.

#### Annual income projections of a facility using 100% utilization

50 children (100% enrollment) x \$5,000 = \$250,000

#### Annual income projections of a facility using 85% utilization

50 children (85% enrollment) x \$5,000 = \$215,000

Hopefully, the utilization rate will be higher than 85%. If so, the additional revenue can be used to increase program quality or to cover unexpected expenses. After 2-3 years of operation, the facility enrollment will have stabilized giving a more accurate utilization rate and more accurate budget projections.

#### Policies impact the budget

#### **Absence Policy**

Will the program require families pay all or part of the fee for days their child does not attend because of illness or vacation?

Absences due to Illness, visits from grandparents, vacations, or school holidays impact on monthly income. Many programs hesitate to charge families for these times, even though expenses remain constant. Budgets need to accommodate absences by projecting income based on less than full attendance OR require payment for days that are missed.

Some programs compromise by limiting the number of "no charge days" for absences, but will collect fees for days when children are absent beyond the set limit. This policy shows consideration for families but also allows child care programs to accurately predict expected income and build stability into the budget.

#### **Reduced Rate Policy**

Will the program plan on offering reduced rates for siblings and/or children of staff?

Most centers charge full rates for families with multiple children and for staff's children who are in attendance.

#### Part-Time Fee Policy

Will the program offer full time and part time care? For some families, part-day or part-week care may make the most sense, especially for very young children whose parents are not working or studying full time. Consider charging more for part-time enrollment. Generally, fees for part-time care need to be higher since matching part-time children with another to equal a full-time child becomes challenging.

#### Staff Expenses

Staff salaries and benefits will be the single, largest expense for the facility running 75%-85% of the facility's total expenses. Carefully plan staffing needs and schedules to adequately accommodate state mandated child-to-staff ratios and classroom group sizes

# Adult-to-Child Ratio and Group Size for Child Care Center Licenses

AGE OF CHILDREN				
0 thru 17 mo.	1:4	10		
18 thru 35 mo.	1:5	15		
3 years	1:7	20		
4 years	1:10	25		
5 years	1:12	30		
6 to 12 years	1:20	40		

<sup>\*</sup> If mixed ages are grouped in the classroom, group size must be consistent with the age of the majority of the children. EXCEPTION: If children under 18 months of age are part of the mixed age group, the group size for their age group must be maintained.

Contact Child Care Aware® for a Ratio Calculation Worksheet that will help you easily and accurately calculate ratios with just a few key strokes.

#### **Staffing Patterns**

Consider the following recommendations for staffing patterns and budgeting.

- Overlap staff schedules to allow enough time for staff to communicate about children in their care.
- Maintain appropriate ratios and group sizes when scheduling staff breaks and time for activity planning and preparation.
- Include time for meetings with parents, staff meetings, and trainings. Fair wage and hour standards require that wages be paid during meetings and trainings.
- Budget for substitutes if offering sick, vacation and holiday pay for staff who receive those benefits.
- Budget for possible health, dental, vision, maternity leave, additional insurance, retirement packages, etc.
- Consider creating a pay scale which links pay to training and experience
- Always have two or more staff scheduled while children are present to help reduce the risk of false allegations or the risk of one staff person unable to manage a crisis situation.



# **Find the Right Facility**

Child care facilities become a "home away from home." Planning a "home away from home" that accommodates children of various ages, interests and energy levels can be a daunting task. Focus on these tried and true design features used by successful center developers.

- · Plan for enough space
- · Bring plumbing to the right places
- Design the facility to maximize health and safety, comfort and convenience, play and learning

"Child behavior tends to be more constructive when sufficient space is organized to promote developmentally appropriate skills. Crowding has been shown to be associated with increased risk of developing upper respiratory infections. Also, having sufficient space will reduce the risk of injury from simultaneous activities."

- Caring for Our Children: National Health and Safety Performance Standards

#### **Plan for Enough Space**

North Dakota requires a minimum of 35 square feet per child of usable space per child (this does not include equipment, door swings, hallways, bathrooms, etc.). See The Myth of 35 Square Feet - page 59)

Experts agree that at least 50 square feet of usable space should be allotted per child in each classroom, and even more for infant and toddler rooms to accommodate their cribs and other specialized, bulky equipment.

#### **Square Foot Recommendations for Indoor Child Care Space**

	Minimum	Better	Recommended
Primary play space for each classroom (used for child activities and play)	35 sq. ft /child	46 sq. ft /child	50 sq. ft /child
Secondary space in each classroom (bathrooms, diapering areas, storage, kitchenettes, cubbies, and built in furniture)* **	20 sq. ft /child	20 sq. ft /child	22 sq. ft /child
Adult and common space (outside the classrooms: staff lounge, reception area, resource room)	15 sq. ft /child	22 sq. ft /child	24 sq. ft /child
Non-assignable space (essential architectural space such as entry ways, corridors, utility room and stairways)	17.5 sq. ft /child	26 sq. ft /child	29 sq. ft /child
TOTAL BUILDING SQUARE FOOTAGE	88 sq. ft /child	115 sq. ft /child	125 sq. ft /child

<sup>\*</sup>Infant rooms - an additional 30 sq. ft/child are needed for each crib as well as 2-3 foot spacing between cribs.

<sup>\*\*</sup>Toddler rooms - an additional 3 sq. ft/child are recommended for both diapering and toileting areas.

#### **Facility Design Features**

Good space design makes care giving experiences convenient, comfortable and enjoyable for children and staff. Good design welcomes parents and children into the facility and sends a clear message that this will be a good place to spend the day.

Before putting pencil to paper to sketch the facility floor plan, consider the following design features and the specific enhancement each brings to the program. Integrating as many of these features as possible into the original facility plan will help program planners design the right facility from the start.

#### Features to enhance the health & safety

#### For all rooms

- 50 usable sq. ft./child (not to include nap space, bathrooms, and door swings)
- · Phone in each room
- · Windows or half walls in infant nap space
- · Windows at child's level that open
- Sinks at child height with lever handles in each room (0-17 mo. at 16", 18-35 mo. at 18", 3-5 years at 22")
- Bathrooms with child-size toilets in each room

#### For preschool rooms

- One adult sink with lever handles in each room.
- · Water fountain in each room

#### For infant/toddler rooms

- Two adult sinks with lever handles (one for diapering, one for food prep)
- Space for two small tables (4-6 children per table) in food area (limit highchairs—children can be at appropriately sized tables when able to sit)
- Linoleum or laminate in room entrance, food area, diaper area, bathroom
- Space for adults and children to remove shoes before entering into rooms (floors are dirtiest space in child care)
- Refrigerator mounted overhead out of children's reach
- · Heated floors

#### Features to increase comfort for children & staff

- Climb-up changing tables for toddler rooms
- Carpeted space for cozy area
- Incandescent (not fluorescent) track lighting with dimmer switches (create pools of light)
- Well-functioning heating and cooling system with individual room controls
- Comfortable seating for caregivers
- No half walls or portable dividers separating groups of children
- Neutral paint and wood accessories (no plastics)
- · Ceiling fans

#### Features to maximize convenience & efficiency

- · Computerized check-in at front desk
- · Parent area in each room
- · Cubbies and coat hooks defining room entrance
- Overhead, adult-only, wall storage in every activity area (limit base cabinets)
- Storage for car seats in infant/toddler rooms
- Durable, cost effective materials that prevent maintenance hassles
- Overhead storage in nap room for blankets, sheets, etc.
- · Storage for mats in toddler and preschool space
- Easily cleanable flooring for messy areas (art, sand, water, food)
- · Washer/dryer centrally located
- Outdoor storage for wheeled toys, sand/water toys, etc.
- Access to water on playground for drinking water and water play

#### Features to encourage active play

- Platforms, steps, slides (indoor)
- Access to outside playground from each classroom
- Landscaped, fenced-in play area
- Indoor gross motor room

#### Features to enhance exploration

- Multi-level lofts for individualized/small-group play
- Space for reading, manipulative, construction, dramatic play, and motor exploration (including infant room)
- Low, open shelves accessible to children
- Windows, glass doors and peek-through windows facilitate exploration

#### Features to support staff

- Office space for staff work desks, computers, printers and copy machine
- Staff lounge and resource room
- Space for staff meetings and in some cases, community gatherings

Facility Design Features continued on page 10

# The Importance of Lighting

The quantity, quality, and variety of light, shapes young children's experiences and their understanding of the world around them. Classrooms and other activity areas in the facility should incorporate a range of natural and artificial light from a variety of sources. Maximize the number of windows between rooms and to the outdoors. Individual classrooms should have the ability to control their own light, ideally with a dimmer switch and window coverings.



#### **Plan for Intense Plumbing Needs**

Child care facilities have intense plumbing needs and can be one of the largest fixed renovation or building costs for a child care facility. However, adequate plumbing is critical to the function of each room. If renovating an existing building, carefully explore the feasibility of adding bathrooms in a variety of locations.

Child-sized activity sinks used for washing after messy play, entry in the classroom and before meals/ snacks are needed in group rooms separate from hand washing sinks related to toilets. In infant and toddler rooms, it is recommended there be two adult- height sinks one for diapering and one for food preparation and other uses. In preschool and school age rooms one adult sink is recommended. Keep in mind the importance of water play for children and design an area to accommodate a water play table.

#### **Plumbing Considerations**

Infant Rooms	1 child-sized handwashing sink - 16 inches high 2 adult sinks, one for diapering and one for food preparation
Toddler Rooms	1 child-sized toilet per 5 toddlers, 11 inches high     1 child-sized handwashing sink per 5 toddlers - 18 inches high     2 adult sinks, one for diapering and one for food preparation     Water fountain
Preschool Rooms	1 child-sized toilet per 10 children, 11 inches high 1 child-sized handwashing sink per 5 toddlers - 18 inches high 2 adult sinks, one for diapering and one for food preparation Water fountain
School-Age Rooms	1 child-sized toilet per 20 children - 1 for males, 1 for females 1 child hand washing sink per 10 children 1 adult sink Water fountain
Adult Needs	1 toilet per 10 adults 1 fully accessible toilet per building or floor 1 hand washing sink per 10 adults 3 kitchen sinks (wash, rinse, sanitize)

#### **Learn More About Center Design**

- · Designing Early Childhood Facilities: Resource Guide 2 at http://www.lisc.org/docs/publications/2005 cick guide vol2 designing.pdf
- Creating Playgrounds for Early Childhood Facilities: Resource Guide 4 for help planning the facility's outdoor play space to achieve a
  successful environment for young children. It begins by considering the types of activities that children can enjoy outdoors and suggests
  equipment and materials that support that play.

Download at: http://www.lisc.org/docs/publications/2005 cick guide vol4 playgrounds.pdf

Potential Site Assessment	YES	NO	NOTES	
Zoning allows for a child care facility.				
Site conveniently located for the project's targeted families.				
Outdoor space accommodates an outdoor play area that is well located (Minimum of 75 square feet per child of usable outdoor play space with a separate play area for infants/toddlers and preschoolers is recommended).				
Entrance to facility safe and secure. Building lends itself to designing a welcoming entrance that can be secured from the public.				
Building exterior attractive, clean, well maintained and welcoming.				
Building accessible to those with disabilities.				
Parking area safe and convenient.				
Entry to the building lends itself to designing a welcoming atmosphere for the space.				
Building free of environmental hazards such as lead, radon, asbestos, and mold. Check for lead paint in buildings built before 1978.				
Flooring and walls clean, durable and in good repair.  Multiple classroom spaces can be created where all groups of children are in distinct classroom spaces acoustically separated by walls (Early childhood experts agree that more than the minimal licensing requirement of 35 sqft. per child is needed to support a high quality environment. Optimal square footage is generally considered 50+ sq ft. per child depending on the age and the number of children.				
Building has ample windows or the ability to create additional windows, especially windows that are low to the floor.				
Indoor space available for running and active play.				
Layout of the building allows each classroom to have direct or easy access to the outdoors.				
Separate office spaces dedicated for staff outside the classroom. Site has an area that can be dedicated for staff breaks with comfortable adult furnishings away from the children. Secure and accessible storage space for staff available in offices, closets, classrooms or other storage areas.				
Building provides space for confidential conversations with parents and staff.				
Bathrooms and sinks can be incorporated into each classroom that are suitable for children. Adult bathrooms sufficient and conveniently located.				
Diaper changing area accessible, hygienic and allows for clear supervision of children.				
Kitchen safe and appropriately equipped (possibly commercial and contain appropriate sinks or dishwasher) for the type of food services planned. Include closed storage for dishes, utensils, bulk foods, including locked storage for any potentially hazardous materials/items.				
Laundry area well designed and centrally located.				
Telephone system which provides phone access in each room.				
Existing building systems (plumbing, sprinkler system, electricity, heating, ventilation and air conditioning, etc.) in good condition and able to support high volume use in a child care facility.				

#### Write a Business Plan

#### Why develop a business plan?

Writing a business plan is an important step towards managing your business more effectively and efficiently.

- A business plan encourages strategic thinking in an objective manner. A completed business plan also provides a road map for a business to follow for future organizational and financial developments.
- A business plan communicates a business' mission and goals to potential funders. It explains how the proposed funding will further the business' goals and establish a viable business. Business plans are commonly required when applying for small business loans or financing from a commercial bank.

#### What is in a business plan?

Every business plan should include the following sections:

Cover sheet

**Table of Contents** 

- 1. Executive Summary
- 2. Company Overview
- 3. Service Description
- 4. Market and Industry Analysis
- 5. Marketing Plan
- 6. Operations Plan
- 7. Financial Analysis
- 8. Evaluation
- 9. Supporting Documents

Contact Child Care Aware® for assistance in developing your child care business plan, center operational budget, etc.

#### **General Tips for Developing a Business Plan**

 Presentation matters. Never underestimate the value of a professional-looking document. Bank and grant officers look at hundreds of business plans and appreciate a plan that is easy to read and well presented. A professional looking business plan shows that the management is serious about the business.

To make the document easy to read:

- Use headers
- Leave plenty of white space on each page
- Include a table of contents
- Be concise. A short, well-written plan presents better than a long, drawn out one. Write in easy-tounderstand terms.
- Be honest. Don't try to hide limitations and weaknesses. In addition to highlighting the strengths of a child care business, a business plan should demonstrate an understanding of the challenges a business faces. After a challenge has been identified, be sure to discuss a plan for overcoming it.
- Seek professional assistance. There is nothing more valuable in the process of writing a business plan than receiving assistance from an expert in the field. Child Care Aware<sup>®</sup> consultants can provide feedback on all aspects of business plan.

Contact North Dakota Small Business Development Center for information on possible funding opportunities and loan packages. www.ndsbdc.org

#### **Business Plan Outline**

Cover Sheet (Sample provided at right)

#### **Table of Contents**

#### Section One: Executive Summary (one page or less)

- 1. Brief description of the child care business
- 2. Mission statement
- 3. Brief description of the proposed project

#### **Section Two: Company Overview**

- 1. Type of business structure; stand alone or part of an umbrella organization
- 2. History of the business/organization; years of operation
- 3. Description of services currently offered (or planned), number and ages of children served, and target market, number and qualifications of staff
- 4. Programmatic success (e.g. National Association of the Education of Young Children accreditation or environmental rating scale assessments)
- 5. Future (two-year) business goals and needs

#### **Section Three: Service Description**

- 1. Program
- 2. Description of the expansion project:
  - Whether a new site is being acquired or an existing site is being expanded
  - The attributes of the business location that make it appropriate for child care
  - Number and age-mix of children to be cared for
  - The hours of operation
  - Services to be offered
  - Required equipment and furnishings
  - Room design and arrangement
- 3. Plan for managing the facility development process
  - Which consultants have already been hired (e.g. project manager, architect)
  - How and when additional consultants will be hired
  - The level of involvement of the board (if non-profit)

#### **Section Four: Market and Industry Analysis**

Child Care Aware® has current data to assist you with your analysis: www.ndchildcare.org/data-pub

- 1. Demographics of working families in your county or in the target group you plan to serve.
- 2. Child care demand information
- 3. Child care supply information
  - Number of other child care programs in the community or geographic area
  - Number of child care spaces already provided in the area
  - Child care vacancies in the area
  - Average cost of care
  - Length of current waiting list
  - Age groups that are being served (infants, toddlers, preschoolers, school-age, or a combination) or that are NOT being served by other programs
  - Locations of existing child care businesses in your vicinity
  - Types of services offered by existing child care businesses

# Cozyland Child Care Center Business Plan

123 Main Street Anytown, ND 51111

701-000-0000 Cozyland@email.com

> Jane Doe, Director 701-000-0000

January 1, 2015

Business Plan Outline- Continued

#### Section Five: Marketing Plan

- 1. Why will customers come to you and not to the competitors--price, quality of care?
- 2. What are your marketing goals?
- 3. What strategies are you going to use to reach potential customers?

#### **Section Six: Operations Plan**

- 1. Description of management team with staff qualifications
- 2. Organization chart
- 3. Staff training practices and staff training needs
- 4. If non-profit, identify board compositions and provide list of board members
- 5. If for profit consider adding information of a potential parent advisory board and their role.

#### Section Seven: Financial Analysis\*

- 1. Start-up budget (if project is new or expanding)
- 2. Annual operating budget
- 3. Financial projections for three years including assumptions and comments
  - Three Year Income Statement
  - Three Year Balance Sheet
  - Three Year Revenue Model
- 4. Current revenue and expense statement

\*Contact Child Care Aware for model Excel spreadsheets formatted specifically for center budgeting. Simply add you projected fees, staff salaries, etc. and the program will calculate automatically.

#### **Section Eight: Evaluation**

Describe the outcomes to be accomplished. Identify benchmarks that will be measured during implementation to demonstrate successful implementation of the project.

#### **Section Nine: Supporting Documents**

- Budgets and current revenue and expenses
- Financial projections for three years including assumptions and comments
- Staff/child ratio information sheet, worksheet and staff credentials
- Resumes of key people (board chair, owner/operator)
- Consultant contracts
- Letters of support
- Legal documents (articles of incorporation, child care license, property deed)
- Other relevant information (e.g. waiting lists, commitment letters from funders, etc.)
- Letters of support (three)
- Any other relevant information

# **Purchase Furnishings**

When selecting classroom equipment and materials, many factors should be considered along with cost.

- Focus on quality and durability, not on immediate cost savings. Selecting higher quality furnishings for the classroom may cost more initially but will undoubtedly reduce maintenance and replacement costs over time.
- Purchase items that will create a warm and inviting environment in your facility and classrooms. Welldesigned and aesthetically pleasing furnishings and materials will support program quality by improving the overall classroom environment.
- Use natural wood tone furnishings and equipment.
   Avoid plastic furnishings.
- Work with vendors known for high quality and longlasting products, and who provide warranties and replacement parts.
- · Ask vendors about upcoming sales or discounts.

An annual operational budget, should include \$150 to \$200 per child for new purchases and replacement of toys, books and curriculum materials.

#### **Helpful Resources**

- Child Care Center Equipment and Furnishings (see Appendix page 33) lists recommended furniture and equipment and offers advice on how to prioritize your needs.
  - Items that must be purchased for start-up
  - Items can be requested as donations
  - Items can be purchased as grants and fundraising dollars become available
  - Items can be purchased as the facility's income allows
- Equipping and Furnishing Early Childhood
   Facilities: Resource Guide 3 http://www.lisc.org/docs/
   publications/2005\_cick\_guide\_vol3\_equipping.pdf provides
   information on the selection and arrangement of
   furnishings and equipment to make the space
   functional, comfortable, and safe for young
   children and adults who share the environment.

#### Things to consider when purchasing classroom furniture

- Plan an environment that encourages independence. Children of all ages - infants, toddlers and preschoolers - feel more competent and secure when they can handle their surroundings safely and independently.
- Staff can make better use of their time and energy when the environment is set up to promote selfhelp skills. For example, instead of lifting older toddlers and twos into highchairs, staff can encourage children to seat themselves on small chairs at low tables.



# Considerations when purchasing classroom furniture

	AVOID	LIMIT	CHOOSE	CONSIDERATIONS
Group feeding tables				Group-feeding tables are not comfortable or supportive because the child's legs can dangle and plastic seats are slippery. Children need to feel secure when they move around in their seats. The chance of spreading germs from one child to the next is also high, since group-feeding tables space children close together.
Low, child-size tables and chairs and low high chairs				Child-size chairs around a low table encourage independence and increases their self-help skills. Toddler's feet should touch the floor while they are seated. Appropriate table height allows children to rest their elbows on the top of the table and tuck their legs comfortably underneath.
Large toy boxes				Large toy boxes and crates do not allow play and learning material to be sorted and stored in an organized way for independent use. If dolls, rattles, music toys, blocks and cars are all stored together in a large box, children cannot see the different materials that have been heaped randomly on top of one another in the box.
Low shelves				When toys are sorted and stored separately on open shelves, children can easily see the different types of toys and make choices about what they want to play with.
Walkers				Infants continue to sustain injuries in walkers, even under supervision. Most of the injuries resulted from a fall down stairs or falls out of the walker. Other injuries, such as burns and poisonings, happen because infants are more mobile in walkers and able to reach objects that would be otherwise be out of reach. The Academy of Pediatrics states "walkers do not help children walk sooner and can actually delay normal muscle development."
Exersaucers				Exersaucers are considered safe and are a better option than walkers because they allow children to spin, rock, bounce, and sit upright. However they should only be used for short periods of time. Some physicians feel that exersaucers hold a child's hip in an extended position, which is not good if a baby spends a lot of time in them. These devices also prevent a child from seeing their feet. Data on exersaucers suggests that this lack of visual feedback hinders a child's understanding of their own movements.
Floor mats, pillows and blankets, on open floor space				Floor blankets, mats, pillows, hammocks, soft ottomans, plastic climb through tunnels, play rings and pull-up bars encourage children to move naturally and rely on their own creativity and initiative for locomotion.

Get more information about hazardous children's equipment

U.S. Consumer Product Safety Commission http://www.cpsc.gov/

# **Schedule an Inspection**

If you have completed all the licensing requirements (see pages 2-4) you are ready to schedule your licensing inspection. Call your county child care licenser to schedule an inspection and complete the licensing process.

Contact Child Care Aware® of North Dakota if you have questions or want to apply for a Start-up **Equipment Grant.** 



800-997-8515



StartChildCare@ndchildcare.org



www.ndchildcare.org



#### **Establish Your New Business**

These steps are not required by licensing, but they will help you establish your new child care business.

- Prepare a Start-up and Operational budget (see Appendix pages 61 and 62)
- Obtain an Employer Identification Number (EIN) to identify a business entity: http://www.irs.gov/ Businesses/Small-Businesses-&-Self-Employed/ Apply-for-an-Employer-Identification-Number-(EIN)-Online
- Establish a business checking account
- Register your business with the ND Secretary of State: http://www.nd.gov/businessreg/
- · Find a tax accountant that is familiar with child care
- Consult your insurance agent about specific insurance coverage for child care
- Establish a financial record keeping system. Online record keeping systems are available.

#### Market Your Child Care Business

Child Care Aware of North Dakota's 24/7 online referral is a no-cost service that helps child care businesses promote their vacancies and parents connect to care.

Licensed child care providers can market their business through this service by completing a Business Profile. The information you provide about your child care services and vacancies is entered into the Child Care Aware® referral database.

Families in turn, can enter their criteria for care and the system will refer them to a list of child care providers that match their needs.

Over 5,000 families use the Child Care Aware® of North Dakota Referral Service each year. Your only responsibility is listing your vacancies and then let technology do the rest.

Once licensed, complete your Business Profile form to participate in this no-charge service: http://www. ndchildcare.org/providers/business-profile.html

Child Care Aware® of North Dakota is a program of Lutheran Social Services of North Dakota.



# **Appendix**

Child Care Compliance Checklist (SFN 1423)	20
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Annual Operational Budget Spreadsheet	62



# **COMPLIANCE CHECK LIST/CHILD CARE CENTER**NORTH DAKOTA DEPARTMENT OF HUMAN SERVICES/CFS

SFN 1423 (Rev. 8-2014)					Date Orientation Completed with Authorized Agent (For new licenses only):			
AORTH D				Date Orientation Completed with Authorized Agent (For new licenses only):				
Full Legal Name of 0	Center:			License Number:	License Expiration Date:			
Owner/Operator Full	Legal Name:			Date of Licensing Study:				
Address:					EIN if available:			
City:			ZIP Code:		Ages of Children: Maximum Number of Children:			
Mailing Address if Di	fferent:				Program's Telephone Number:			
I. LICENSE APP	LICATION/DISPLA	Υ						
Yes No	D ∏ N/A			Lice	nsing Fee Submitted With Application One Year Application	1:		
					Two Year Application			
Yes No	N/A	75-03-10-	04(2)	Lice	nse displayed			
II. STAFFING R	EQUIREMENTS							
					Meets staffing requirements/maximum group size (see chart/documentation).			
☐ Yes ☐ No ☐ N/A 75-03-10-08(4)				Child's developmental age used in determining number of children that can be in care at any given time when child has special needs.				
Yes No	N/A	75-03-10-	08(7)	Chile	d care is a McGruff safe house, block	chouse, or certified safe house.		
III. DUTIES OF	OPERATOR							
Yes No	)	75-03-10-	09(1)	Ensi	ure qualified director is present 60%	of the time.		
Yes No	)	75-03-10-	09(4)		ied authorized agent of major chang erning body, including staff member o			
Yes No	)	75-03-10-	09(5)	Ensi	Ensure that liability insurance is carried by program.			
Yes No	)	75-03-10-	09(6)(a-k)	Writt	ritten plan/policies for operation of child care center.			
Yes No	)	75-03-10-	09(7)	Mair	faintenance of enrollment, attendance, health, other records.			
Yes No	)	75-08-10-	09(9)		ntain necessary information to verify ansure safe care.	staff member's qualifications and		
Yes No	)	75-03-10-	09(10-11)	prog	admission visits are provided to parer ram, and policies. Parents are provi ficant changes in program services of	ded written notice of any		
Yes No	)	75-03-10-	09(12)	staff	are child care is sufficiently staffed at ratios for children in attendance and sed capacity are served at any one to	that no more children than the		
Yes No	)	75-03-10-	09(14)	Writt	en agreements regarding fees and p	ayment are in place.		
Yes No	)	75-03-10-	09(15-16)		rides unlimited access and opportuni I in care and upon parental request p			
					eport as mandatory reporter any suspected child abuse or neglect as quired by North Dakota Century Code section 50-25.1-03.			
Yes No	)	75-03-10-	09(18)		ure staff with current CPR and First A Iren are present.	id training is on duty whenever		

Download a fillable SFN1423 form at <a href="http://www.nd.gov/eforms/doc/sfn01423.pdf">http://www.nd.gov/eforms/doc/sfn01423.pdf</a>

III. DUTIES OF OPERATOR (CONT.)										
Yes	☐ No		75-03-10-09(19)	Ensure staff members under age of 18 or supmember.	pervised by an adult staff					
Yes	☐ No	□ N/A	75-03-10-09(21)(a-e)	Report to authorized agent within 24 hrs: A death/serious accident/illness requiring medical treatment or other situation specified in this section.						
IV. QUAL	IV. QUALIFICATIONS OF CHILD CARE CENTER DIRECTOR									
	_			Qualified Child Care Director's Name:	Letter:					
∐ Yes	∐ No		75-03-10-10(1-3)							
Yes	☐ No		75-03-10-10(4)	Has certified attendance at a minimum of 13 approved training, related to child care annual						
☐ Yes	☐ No		75-03-10-27 75-03-10-28 NDCC 50-11.1-06.2	Has completed SFN 508, Authorization for Ba	ackground Check					
V. DUTIE	S OF CH	ILD CARE CENT	ER DIRECTOR							
☐ Yes	☐ No		75-03-10-11(1)	Plan, supervise, and conduct daily activities.						
☐ Yes	☐ No		75-03-10-11(3)	Screen, schedule, supervise staff members.						
Yes	☐ No		75-03-10-12(2)(a-g)	Develop and deliver orientation for new staff items covered.	members, keep record of					
VI. MININ	NUM QUA	LIFICATIONS O	F CHILD CARE CENTER SU	PERVISOR						
				Qualified Child Care Supervisor's Name:	Letter:					
Yes	☐ No		75-03-10-11.1(1-4)	addiniod offina ouro oupor risor o realife.	Lotton.					
Yes	No		75-03-10-11.1(7)	Has completed department approved basic of three months of employment.	hild care training during first					
Yes	☐ No		75-03-10-11.1(8)	Certified attendance at a minimum of 13 hou training annually.	rs of department approved					
☐ Yes	☐ No		75-03-10-27 75-03-10-28 NDCC 50-11.1-04	Supervisor has completed SFN 508, Authoriz	ation for Background Check.					
VII. DUTI	ES OF TH	HE CHILD CARE	CENTER SUPERVISOR							
☐ Yes	☐ No		75-03-10-11.2(1)	Communicates with parents about individual	needs of children.					
Yes	☐ No		75-03-10-11.2(2)	Plans daily and weekly schedules.						
☐ Yes	☐ No		75-03-10-11.2(3)	Ensures program policies are adhered to in g	roups assigned to supervisor.					
VIII. MIN	IMUM QU	ALIFICATIONS	OF STAFF MEMBERS							
Yes	☐ No	□ N/A	75-03-10-12(1)(a)	Any staff member between 14 and 16 years of permission, provider is in compliance with NI						
Yes	☐ No	□ N/A	75-03-10-12(1)(c)	Certify completion of Department approved be first 3 months, substitute staff and emergence						
Yes	☐ No	□ N/A	75-03-10-12(1)(d)(1-4)	Staff members do certify attendance at the specific department- approved training annually.	pecified amount of minimum					
Yes	☐ No		75-03-10-12(2)	Staff members receive two-day, onsite orient	ation.					
Yes	No	□ N/A	75-03-10-12(3)	Staff member ensures safe care for children under supervision.						

VIII. MIMIMUM QUALIFICATIONS	S OF STAFF MEMBERS (C	ONT.)
Yes No N/A	75-03-10-14	Volunteers providing care shall meet qualifications of staff member and receive orientation.
Yes No	75-03-10-27 75-03-10-28 NDCC 50-11.1-04	Staff member has completed SFN 508, Authorization for Background Check.
IX. TRANSPORTATION		
Yes No N/A	75-03-10-15(1)	Prior to licensure or relicensure has written transportation policy/who will provide/how parental permission is obtained, inform parent of insurance coverage, if transportation is provided.
Yes No N/A	75-03-10-15(1)	Provider ensures all vehicles used to transport children are in safe operating condition.
Yes No N/A	75-03-10-15(2)	Staffing requirements are met, safety precaution used, and provider has liability and medical insurance coverage.
Yes No N/A	75-03-10-15(4)	Driver complies with all relevant state/local laws, including child restraint system laws.
X. EMERGENCY EVACUATION/I	DISASTER PLAN	
Yes No	75-03-10-16(1)	Establish and post emergency disaster plan.
Yes No	75-03-10-16(1) (a-c)	Has emergency procedures including emergency food, water, first aid supplies and plans for what will be done if parents are unable to pick up their child or child care has to be relocated as a result of emergency.
Yes No	75-03-10-16(2)	Fire and emergency drills performed within guidelines of local fire department.
XI. FIRE INSPECTIONS		
Yes No N/A	75-03-10-17(1)	Annual fire inspection completed, with all necessary corrections made.
XII. SANITATION AND SAFETY I	REQUIREMENTS	
Yes No	75-03-10-18(1)	Health/sanitation/inspection completed on file and all violations corrected.
Yes No	75-03-10-18(2-3)	Bathrooms, tables, chairs, floors cleaned daily, cots, mats, maintained in clean, sanitary condition.
Yes No	75-03-10-18(4)	Established routine maintenance and cleaning procedures.
Yes No	75-03-10-18(5)	Staff members wash and dry hands as recommended by federal centers of disease control
Yes No	75-03-10-18(6)	Indoor and outdoor equipment, toys and supplies are safe and in good repair, clean, and in sanitary condition.
Yes No	75-03-10-18(7)	Grounds are free from health or safety hazards.
Yes No	75-03-10-18(8)	Garbage containers are covered or inaccessible to children.
Yes No	75-03-10-18(9)	Contained play area if near busy street or unsafe area.
Yes No	75-03-10-18(10)	Potential hazards inaccessible to children (chemicals, sharp knives, electrical outlets, medications, and etc.).
Yes No N/A	75-03-10-18(10)	Guns and ammunition kept in locked storage, separate from each other, trigger lock may be used.
Yes No	75-03-10-18(11)	Indoor floors, steps are not slippery, splinter free. Steps/walkways are free from accumulations of water, ice, snow, and debris.
☐ Yes ☐ No	75-03-10-18(12)	Railings or safety gates where necessary to prevent falls.
Yes No	75-03-10-18(14)	Exit doorways and pathways are useable, free from blockage.

XII. SAN	ITATION	AND SAFETY REC	QUIREMENTS (CONT.)		
☐ Yes	☐ No		75-03-10-18(16)	Light bulbs shielded or shatterproof in ar	reas used by children.
Yes	☐ No		75-03-10-18(17)	Combustible materials are kept away fro sources.	m light bulbs and other heat
Yes	☐ No		75-03-10-18(18)	Comfortable room temperature, adequate	te ventilation, humidity.
Yes	☐ No		75-03-10-18(19)	Safe lead content on damage painted subserve 1/1/70.	urfaces in buildings erected
Yes	☐ No		75-03-10-18(20)	Storage of personal items in sanitary mapillows, toothbrush, etc.).	anner (blankets, coverings, combs,
Yes	No	□ N/A	75-03-10-18(21)	Only cats, dogs, or other approved contachildren. Pets properly immunized, kitch	
Pet Immu	unizations				
Name					Expiration Date:
Name					Expiration Date:
Name					Expiration Date:
Name					Expiration Date:
Yes	☐ No	□ N/A	75-03-10-18(22)	Wading pool strictly supervised/emptied,	, cleaned, and sanitized daily.
Yes	☐ No	☐ N/A	75-03-10-18(23)	Swimming pool approved annually by loc	cal health department.
Yes	☐ No		75-03-10-18(24)(a)	Drinking water from approved source or approved by the State Health Department	
Yes	☐ No		75-03-10-18(24)(c)	Home/facility has hot/cold running water	
Yes	☐ No		75-03-10-18(24)(c)	Hot water is 120 degrees Fahrenheit or l	less (Tested Temp)
Yes	No		75-03-10-18(25)(b)	Minimum one sink and one flush toilet penot toilet trained.	er 15 children, excluding those
Yes	□No		75-03-10-18(25)(c)	Separate restrooms for boys and girls singartitions separate toilets.	x years of age and older,
Yes	☐ No	□ N/A	75-03-10-18(25)(d)	Child size toilet adapters, training chairs by children. Training chairs emptied pro each use.	
Yes	☐ No		75-03-10-18(25)(e)	Sanitary hand dry equipment, individual at each sink/safe step stools available.	cloth or paper towels available
Yes	☐ No	□ N/A	75-03-10-18(27)	Laundry area safe.	
Yes	☐ No		50-11.1-02.2	Smoke-free environment, signage is pre	sent.
XIII. SP	ACE AND	LIGHTING			
Yes	☐ No		 75-03-10-19(1)	Provides 35 square feet per child of indo	oor space.
Yes	No		75-03-10-19(2)	Provides daily access to 75 square feet 75 square feet per child of indoor recrea	
Yes	☐ No		75-03-10-19(3)	Facility is properly lighted.	

XIV. PROGRAM		
Yes No	75-03-10-20(1)	Provides written daily routine of individual or small group activities appropriate to age and needs of children. Program must include activities that foster social, intellectual, emotional, and physical growth. Developed with consideration of parent input, and made available to parents.
Yes No	75-03-10-20(3-6)	Daily routine fosters development of good health habits, self-discipline, adequate indoor/outdoor play, rest/sleep with time and opportunity for various experiences.
Yes No	75-03-10-20(8)	Program provides a variety of education experiences with sufficient play materials, equipment, toys for each child.
Yes No	75-03-10-20(9)	Cultural diversity of children is reflected in program.
Yes No	75-03-10-20(14)	Parents are encouraged to visit facility.
Yes No	75-03-10-20(16)	Personal hygiene practices appropriate for child's age and development are stressed by staff.
Yes No	75-03-10-20(17)	Concerns about child communicated promptly and directly to parent.
Yes No	75-03-10-20(19)	Napping arrangements are adequate and a time and space is provided for quiet play for children who do not nap.
XV. FOOD & NUTRITION		
☐ Yes ☐ No ☐ N/A	75-03-10-21(1)	Food supplied meets USDA standards. Properly prepared, sufficient in amount, nutritious varied diets according to children enrolled, and served at appropriate hours in a safe and sanitary manner.
Yes No N/A	75-03-10-21(3)	Children in care for more than 3 hours shall receive a snack or meal.
Yes No N/A	75-03-10-21(5)	Children in care after school served snacks.
Yes No	75-03-10-21(6)	Daily or weekly menus are posted.
Yes No N/A	75-03-10-21(7)	Menu planning and feeding schedules include information from parents to tailor a child's needs.
Yes No	75-03-10-21(9)	Children are encouraged to eat, no coercion or force feeding.
XVI. RECORDS		
Yes No	75-03-10-22(1)	Operator shall keep copy of administrative code on premises of all times.
Yes No	75-03-10-22(2)(a)	Children's name, birth date, and current home address.
Yes No	75-03-10-22(2)(b)	Names of child's parent, business and personal telephone numbers.
Yes No	75-03-10-22(2)(c)	Telephone numbers of people who may assume responsibilities.
Yes No	75-03-10-22(2)(d)	Written emergency care authorization.
Yes No	75-03-10-22(2)(e)	Names and telephone numbers of persons authorized to take child.
Yes No	75-03-10-22(2)(f)	Immunization record, unless drop-in child or school age.
Yes No	75-03-10-22(2)(g)	Current health assessments, completed annually.
Yes No	75-03-10-22(3)	Has verified identification of children in care-birth certificate, certified school records, passport or other documentary evidence.
Yes No	75-03-10-22(4)(c)	Release of information form available/signed/prior to the release of information.
Yes No	75-03-10-22(4) (a-c)	Ensure all records, photos, and information with respect to children receiving child care services kept confidential, access limited to staff members, parents, authorized agents, etc.
XVII. DISCIPLINE		S.GSinsolo, paranto, authorizad aganto, ato.
Yes No	75-03-10-23(1)	Has a written policy regarding discipline and interpreted to staff before working with children.
Yes No	75-03-10-23(1-12)	Discipline is constructive or educational in nature, and items 1-12 are reviewed together by provider and licenser.

XVIII. SPECIALIZI	ED TYPES OF CA	ARE	
☐ Yes ☐ No	□ N/A	75-03-10-24(1)(a) (1-8)	Environment protects children 0-12 months from physical harm without restricting physical, intellectual, emotional, and social development. Environment and interactions requirements are complied with and reviewed.
Yes No	□ N/A	75-03-10-24(1)(b) (1-7)	Feeding requirements are complied with and reviewed.
Yes No	□ N/A	75-03-10-24(1)(c) (1-4)	Diapering requirements are complied with and reviewed.
Yes No	□ N/A	75-03-10-24(1)(d) (1-9)	Sleeping requirements are complied with and reviewed.
Yes No	□ N/A	75-03-10-24(2)(a-g)	Adequate night care arrangements.
Yes No	□ N/A	75-03-10-24(3)(a-e)	Sufficiently staffed to handle admission records and explain policies/procedures for drop-in child care.
XIX. CARE FOR (	CHILDREN WITH	SPECIAL NEEDS	
Yes No	□ N/A	75-03-10-25	Appropriate accommodations, including written care plans available for children with special needs. Staff trained and follow care plans.
XX. EMERGENCY	Y CARE		
Yes No	□ N/A	75-03-10-26	Written plans to respond to illness and emergencies, parents are advised of plans.
Yes No		75-03-10-26(1)	Posting of emergency response procedures.
Yes No		75-03-10-26(3)	Availability of at least one working flashlight.
Yes No		75-03-10-26(4)	Approved first aid kit maintained kept in designated location, accessible to staff, and inaccessible to children.
Yes No		75-03-10-26(5)	Working telephone, immediately accessible to staff members, with emergency numbers conspicuously posted.
Yes No		75-03-10-26(7)(a)	Provider has secured and followed proper written instruction from a medical provider to administer prescribed medication.
Yes No		75-03-10-26(7)(b)	Medication properly stored/inaccessible to children, in a spill-proof container.
Yes No		75-03-10-26(7)(c-d)	Written record of medication (including over the counter)date/time of each administration dosage. Record included in child's file.
Yes No		75-03-10-26(8)(a)(b)	Appropriate first aid and medical care is provided and parents are notified when needed.
Yes No		75-03-10-26(9)	Established practices regarding exclusion and return of children with infectious conditions.
XXI. CONVICTIO	N/ABUSE/NEGL	ECT	
Yes No		75-03-10-27(4)	Written policies on employment.

CENTER: Same Age Children Only			Calculation of Child/Staff Ratio "Mixed Age Group" for Group				
Age of Children	Maximum No. of Children/ Staff Member	Maximum Group Size	Age of Children	Staff	Staff Chart for Mixed Age Group	Staff	
0-18 mos	4	10	0-18 mos	X .25 =	_ Up to 1.34	1	
18-36 mos	5	15	18-36 months	X .20 =	1.35 - 2.34	2	
3 yrs	7	20	3 yrs old	X .14 = X .10 =	_ 2.35 - 3.34	3	
4 yrs	10	25	5 yrs old	= 80. X	_		
5 yrs	12	30	6 -12 yrs old	X .05 =	-		
6 yrs - 12 yrs	20	40	TOTAL		Total Staff Preser	nt	

SUMMARY OF LICENSING STUDY						
ENCLOSURES	YES	NO	N/A			
Application to be Licensed, (SFN 832)						
2. Copy of Fire Inspection Report						
Copy of Health/Sanitation Report						
Documentation Records for All Employees (SFN 343)						
6. Background Check Form (SFN 508) for all Staff/Volunteers						
7. Copy of Policies/Procedures						
Documentation to Verify Qualification of Staff						
9. Programming Schedule						
10. Floor Plan						

Children

Required Caregivers:

**TOTAL** 

SFN 1423 (Rev. 8-2014) Page 8 of 13 Provider: Date: License Number: New License: Date: Number of Renewal TIME OF THE DAY (6 a.m. - 6 - p.m.) Children MAXIMUM NUMBER OF CHILDREN AGE CATEGORY CHILD RATIO 11 a.m. 9 a m 12 Noor MAXIMUM GROUP SIZE SCHEDULED PER DAY 3 p.m 6 p.m Number of Children Scheduled: Birth to 18 months Cannot Exceed Ratio 1:4 Number of Staff Present: Maximum group size - 10 2 - Staff Required Caregivers: Number of Children Scheduled: 18-36 months Cannot Exceed Ratio 1:5 Number of Staff Present: Maximum group size - 15 2 - Staff Required Caregivers: Number of Children Scheduled: 3 Year Olds Cannot Exceed Ratio 1:7 Number of Staff Present: Maximum group size - 20 2 - Staff Required Caregivers: Number of Children Scheduled: 4 Year Olds Cannot Exceed Ratio 1:10 Number of Staff Present: Maximum group size - 25 2 - Staff Required Caregivers: Number of Children Scheduled: 5 Year Olds Cannot Exceed Ratio 1:12 Number of Staff Present: Maximum group size - 30 2 - Staff Required Caregivers 6 - 12 Years Cannot Exceed Ratio 1:20 Number of Staff Present: Maximum group size -40 2 - Staff Required Caregivers: Number of Children Scheduled: Special Needs Number of Staff Present:

SFN 1423 (Rev. 8-2014) Page 9 of 13								Provider:						
									Date:					
									License	Number:	New Lice	ense:	Date:	
		TIME (	OF THE	DAY (6 <sub>I</sub>	o.m 6	- a.m.)			Number Children:		Renewa	l:	Date:	
AGE CATEGORY CHILD RATIO MAXIMUM GROUP SIZE	MAXIMUM NUMBER OF CHILDREN SCHEDULED PER DAY	6 p.m.	7 p.m.	8 p.m.	9 p.m.	10 p.m.	11 p.m.	12 Midnight	1 a.m.	2 a.m.	3 a.m.	4 a.m.	5 a.m.	6 a.m.
Birth to 18 months	Number of Children Scheduled:													
Cannot Exceed Ratio 1:4 Maximum group size - 10	Number of Staff Present:													
2 - Staff	Required Caregivers:													
18-36 months	Number of Children Scheduled:													
Cannot Exceed Ratio 1:5 Maximum group size - 15	Number of Staff Present:													
2 - Staff	Required Caregivers:													
3 Year Olds	Number of Children Scheduled:													
Cannot Exceed Ratio 1:7 Maximum group size - 20	Number of Staff Present:													
2 - Staff	Required Caregivers:													
4 Year Olds	Number of Children Scheduled:													
Cannot Exceed Ratio 1:10 Maximum group size - 25	Number of Staff Present:													
2 - Staff	Required Caregivers:													
5 Year Olds	Number of Children Scheduled:													
Cannot Exceed Ratio 1:12 Maximum group size - 30	Number of Staff Present:													
2 - Staff	Required Caregivers:													
6 - 12 Years	Number of Children Scheduled:													
Cannot Exceed Ratio 1:20 Maximum group size -40	Number of Staff Present:													
2 - Staff	Required Caregivers:													
Special Needs	Number of Children Scheduled:													
•	Number of Staff Present:													
Children	Required Caregivers:													

TOTAL

Provider:	Number of Children Enrolled:
Date:	Number of Children Present:

Include Providers Own Children Ages 0 - 12					
NAME/AGE/SCHEDULE OF CHILD (Days/Time) Full\Part time\Drop-in	PARENT/GUARDIAN NAME, ADDRESS, TELEPHONE NUMBER	NAME OF EMERGENCY CONTACT PERSON TELEPHONE NUMBER	AUTHORIZATION TO RELEASE CHILD ON FILE	IMMUNIZATION RECORD ON FILE EXCEPT SCHOOL	PARENT STATEMENT ON HEALTH OF CHILD
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					

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Provider:	Number of Children Enrolled:
Date:	Number of Children Present:

Include Providers Own Children Ages 0 - 12	7				
NAME/AGE/SCHEDULE OF CHILD (Days/Time) Full\Part time\Drop-in	PARENT/GUARDIAN NAME, ADDRESS, TELEPHONE NUMBER	NAME OF EMERGENCY CONTACT PERSON TELEPHONE NUMBER	AUTHORIZATION TO RELEASE CHILD ON FILE	IMMUNIZATION RECORD ON FILE EXCEPT SCHOOL	PARENT STATEMENT ON HEALTH OF CHILD
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					

3		Provider's Name:					
			Provider's Add	ress:			
AUTHORIZED AG							
Authorized Agent Comment Explain all NOs and N/As or							
Other Comment: (Name of F	Food Program)						
Authorized Agent Requests	Provisional License: [	Yes No	If Yes, Docume	ent Reason/Solution:			
Authorized Agent Recomme	nds <b>Denial</b> : Yes	□No	If Yes, Explain:				
Report of Abuse/Neglect:	∐Yes □ No			ent Recommendation for If Yes, complete 5 lin			
If Yes, Log Number of Repo	rt: County:		☐ New ☐ Rene	_	Fees Collected Fees Processed		
Health/Sanitation Inspection	: Yes [	□ No □ N/A	License Numb	er:			
Fire Inspection:	□Yes [	□ No □ N/A	Change Licens	se Type:			
Submitted by Authorized Ag	ent (Signature):		Maximum Number of Children:				
Date Application Packet Cor	mplete:		Age Range of From:		Recommended License Effective Date:		
REGIONAL OFFIC	E USE ONLY		T TOTTI.	to:	From: through:		
Date Application/Licensing S	Study Received:		Date Authorize	ed Agent Signed Off:			
Date Regional Office Review	vs Study:	Maximum Number of Chil	5				
Child Abuse/Neglect Index	Sexual Offender List	Restricted License: [ If Yes Explain:	_Yes No		to:  Date:  Through:		
Date License Add/Delete Sli	p Transmitted to Bismarc	·	Date Confirma	tion Received From Bism	<u> </u>		
Comments:							
Regional Office Signature:				Date:			
Date <b>Provisional</b> License R			Provisional Lic		proved Denied		
Written Agreement Signed b	y Provider of Provisional	License on:	Date Provision	al License Issued:			
Date Provision License Expires: Number of Children:			Age Range of Children: From: to:				
If Provisional License Reque	est Denied - Explain:						
<b>Denial</b> Request Approved o	Denied - Explain:						



#### **AUTHORIZATION FOR CHILD ABUSE AND NEGLECT BACKGROUND CHECK**

ND DEPARTMENT OF HUMAN SERVICES EARLY CHILDHOOD SERVICES SFN 508 (4-2012)

I. IDENTIFYING INFORMATION				
Full Legal Name			Date of Birth	
Address (Street & Apartment Number)	City	State	Zip Code	
Address (Street & Apartment Number)	City	State	Zip Code	
Mailing Address (If Different)	City	State	Zip Code	
Facility Full Legal Name	Work Telephone Number	Home 7	Telephone Number	
II. ASSURANCE				
I CERTIFY THAT I HAVE NOT BEEN FOUND GUILTY THE EVENT THAT I AM FOUND GUILTY OF A CRIME AND NEGLECT DECISION OF "SERVICE REQUIRED SOCIAL SERVICE BOARD.	E AGAINST CHILDREN, BEEN CONV	ICTED OF A FELON	IY OR A CHILD ABUSE	
III. AUTHORIZATION FOR RELEASE OF INFO	RMATION (IN-STATE)			
<ul> <li>A. I give the North Dakota Department of Human Servabuse or neglect files and the North Dakota Child A</li> <li>B. I further consent that any information found in the cwell as the operator and director of the early childh</li> </ul>	Abuse and Neglect Information Index for child abuse and neglect records can be	or a period not to exc e shared with Early C	ceed one year.	
IV. AUTHORIZATION FOR RELEASE OF INFO		OII.		
I authorize the state or county agency that maintains the North Dakota Department of Human Services all	records concerning child abuse or neg			
List States Where You Have Lived in the Past Ten Years				
Social Security Number				
V. FORMER ADDRESSES/NAMES				
Please List Any Former Address(es) and County of Residence	e Where You Have Lived in the Past Ten Ye	ars		
Please List Any Other Names You Have Gone by in the Past	Ten Years			
,				
THIS IS A PUBLIC DOCUMENT AND MUST BE MADE AVAILABLE UPON REQUEST				
VI. CERTIFICATION SIGNATURE				
To: /			T= .	

I Hereby Certify That The Above	Signature	Date
Information is True To The Best of My		
Knowledge:		

The social security number is requested for the purpose of conducting a child abuse and neglect background check.

Provide a copy of the form to CSSB, HSC, and Provider.

Download a fillable SFN508 form at http://www.nd.gov/eforms/doc/sfn00508.pdf

The Privacy Act of 1974 (P.L. 93-579, Section 7) requires that the following information be provided:

\* Disclosure of the social security number for early childhood services operators is mandatory, pursuant to N.D.C.C. §43-50-02. Failure of an applicant to disclose his or her social security number may result in a denial of application for license.

<sup>\*</sup> Disclosure of a staff member or household members social security number is voluntary. Failure of a staff member to disclose this information may affect the individuals ability to be employed by an early childhood services program. Failure of a household member to disclose this information may result in a denial of license, self-declaration, or registration application.



# Child Care Center Equipment and Materials List Prepared by the Childcare Consultant Team at Child Care Aware® of North Dakota

### **Preschool and School-Age Classrooms**

Books and Pictures	Music/movement
Enough to rotate and at least three of each.	Some of each:
☐ Fantasy	☐ Instruments
☐ Factual	☐ Tape/cd player
☐ People	☐ Dance props, such as scarves, bean bags
☐ Animals	□ Variety of CDs or musical selections including:
☐ Science	- Classical
☐ Multiple cultures	- Popular
☐ Diverse abilities	- Cultural
Encouraging children to communicate	- Different languages
Enough to rotate- choose from items below:	Blocks
☐ Small figures in blocks	Enough for at least 3 children (300) and accessories –
☐ Animals in block area	at least two types:
☐ Puppets in book area	<ul> <li>Unit blocks-wood, plastic, foam including rectangles, squares, triangles, cylinders, etc.</li> </ul>
☐ Flannel/feltboard	☐ Homemade blocks
☐ Telephones	☐ Hollow blocks
☐ Dramatic play props	☐ Toy people, animals, vehicles, and road signs
□ Dolls	
Fine motor	Sand/Water
Enough to rotate and at least three of each:	Sand AND water, both indoors AND outdoors, variety of toys such as:
☐ Small building toys such as interlocking blocks,	•
Lincoln logs	☐ Containers
	□ Spoons
Lincoln logs	☐ Spoons ☐ Funnels
Lincoln logs  ☐ Art materials such as crayons, scissors, etc.	☐ Spoons ☐ Funnels ☐ Scoops
Lincoln logs  ☐ Art materials such as crayons, scissors, etc.  ☐ Manipulatives such as beads for stringing, pegs,	☐ Spoons ☐ Funnels ☐ Scoops ☐ Shovels
Lincoln logs  ☐ Art materials such as crayons, scissors, etc.  ☐ Manipulatives such as beads for stringing, pegs, pegboards, and sewing cards	<ul><li>□ Spoons</li><li>□ Funnels</li><li>□ Scoops</li><li>□ Shovels</li><li>□ Pots &amp; pans</li></ul>
Lincoln logs  ☐ Art materials such as crayons, scissors, etc.  ☐ Manipulatives such as beads for stringing, pegs, pegboards, and sewing cards  ☐ Puzzles - knobbed and knobless	□ Spoons □ Funnels □ Scoops □ Shovels □ Pots & pans □ Molds
Lincoln logs  ☐ Art materials such as crayons, scissors, etc.  ☐ Manipulatives such as beads for stringing, pegs, pegboards, and sewing cards  ☐ Puzzles - knobbed and knobless  Art	<ul><li>□ Spoons</li><li>□ Funnels</li><li>□ Scoops</li><li>□ Shovels</li><li>□ Pots &amp; pans</li></ul>
Lincoln logs  ☐ Art materials such as crayons, scissors, etc.  ☐ Manipulatives such as beads for stringing, pegs, pegboards, and sewing cards  ☐ Puzzles - knobbed and knobless  Art  Some of each of the following:  ☐ Drawing materials such as paper, crayons,	□ Spoons □ Funnels □ Scoops □ Shovels □ Pots & pans □ Molds
Lincoln logs  ☐ Art materials such as crayons, scissors, etc.  ☐ Manipulatives such as beads for stringing, pegs, pegboards, and sewing cards  ☐ Puzzles - knobbed and knobless  Art  Some of each of the following:  ☐ Drawing materials such as paper, crayons, nontoxic markers, thick pencils	□ Spoons □ Funnels □ Scoops □ Shovels □ Pots & pans □ Molds
Lincoln logs  ☐ Art materials such as crayons, scissors, etc.  ☐ Manipulatives such as beads for stringing, pegs, pegboards, and sewing cards ☐ Puzzles - knobbed and knobless  Art  Some of each of the following: ☐ Drawing materials such as paper, crayons, nontoxic markers, thick pencils ☐ Paints ☐ Three-dimensional materials such as play dough,	□ Spoons □ Funnels □ Scoops □ Shovels □ Pots & pans □ Molds

Child Care Center Equipment and Materials List - Page 1 of 3

Child Care Center Equipment and Materials List - Page 2 of 3		
Dramatic play	☐ Living things such as non-toxic house plants,	
Enough materials to rotate and some of each of the	<ul> <li>gardens, pets</li> <li>□ Nature/science books, games, or toys such as matching cards, sequence cards</li> <li>□ Nature/science activities such as cooking, experiments with magnets, magnifying glasses, sink and float</li> </ul>	
following:		
<ul> <li>Housekeeping such as dolls, child-sized furniture, dress-up, kitchen utensils</li> </ul>		
☐ Different kinds of work props, such as office, construction, farm, store, fire fighting, transportation		
☐ Fantasy, such as animals, dinosaurs, storybook	Math/number	
characters	Enough materials to rotate and at least 3-5 of the following types:	
☐ Leisure such as camping, sports	☐ Small objects to count	
<ul> <li>Multicultural items such as food, dress up, dolls, props</li> </ul>	☐ Materials for measuring, such as spoons, cups, tapes, scales, etc.	
Nature/science	☐ Materials for learning shapes & sizes	
At least some items in each of the following categories:	☐ Materials for recognizing numbers such as rulers	
☐ Collections of natural objects such as rocks, insects, seed pods	number puzzles, magnetic numbers, number games such as dominoes or number lotto, geometric shapes, parquetry blocks	
Infant and Toddler Classrooms		
Using books	Active physical play	
At least 12 books including books about:	Ample materials and equipment so that	
☐ People of varying races, ages, and abilities	children do not have to wait including:	
☐ Animals	For infants:	
☐ Familiar objects	☐ Outdoor pad or blanket	
☐ Familiar routines	☐ Crib gym	
Fine motor	☐ Small push toys	
Enough to rotate and for children to use without	□ Balls	
excessive competition:	☐ Sturdy things to pull up on	
For infants:	☐ Ramps for crawling	
☐ Grasping toys	For toddlers:	
☐ Busy boxes	☐ Riding toys without pedals	
☐ Nested cups	☐ Large push-pull wheel toys	
☐ Textured toys	☐ Balls and bean bags	
☐ Containers to fill and dump	□ Age-appropriate climbing equipment	
☐ Cradle gyms	☐ Slide	
For toddlers:	☐ Balance board	
☐ Shape sorting games	□ Cushions or rugs for tumbling	
☐ Large stringing beads	☐ Tunnels	
☐ Big pegs with peg boards	☐ Large cardboard boxes	
☐ Simple puzzles	Art	
☐ Pop beads	Some of each of the following:	
☐ Stacking rings	□ Drawing materials such as paper crayons	

Note: edible materials should NOT be used!

☐ Brush & finger paints

☐ Collage materials

☐ Play dough

☐ Drawing materials such as paper, crayons, nontoxic markers

☐ Medium or large interlocking blocks

□ Nesting toys

☐ Crayons

Music/movement	For toddlers:
Some of each:	☐ Dress-up clothes
☐ CD player	☐ Child-sized house furniture
☐ Music boxes	☐ Cooking/eating equipment
☐ Musical toys & instruments	□ Dolls
☐ Safe, home-made instruments such as shakers	☐ Doll furnishings
☐ Variety of CDs and musical selections including:	☐ Soft animals
- Classical	☐ Small play buildings with accessories
- Popular	☐ Toy telephones
- Cultural	Sand/Water
- Different languages	For children 18 months and up. Sand/ water, both
Blocks	indoors and outdoors including a variety of toys such
For children 12 months and up, at least 3 sets of blocks	as:
(10 or more per set) of different types as well as variety	☐ Kitchen utensils
of accessories including:	☐ Shovels & buckets
☐ Soft blocks	☐ Small cars and trucks
☐ Light-weight blocks of various sizes, shapes,	☐ Floating toys
colors	☐ Plastic containers
☐ Large cardboard blocks	Nature/science
☐ Toy people, animals, vehicles	At least some items in each of the following categories:
☐ Containers to fill & dump	☐ Living things such as nontoxic house plants,
Dramatic play	aquariums, classroom pets
Enough materials to rotate and some of each of the following:	<ul> <li>Nature/science books that represent nature realistically</li> </ul>
For infants:	☐ Nature/science toys that represent nature
□ Dolls	realistically
☐ Soft animals	
☐ Pots & pans	
☐ Toy telephones	

Revised 7/15

# **Parent Handbook Sample**

NOTE: All items highlighted in red are required by licensing.

# **Cover Sheet:**

Include your center name, address and phone number. Also include your website if you have one.

# Write an introduction:

Sample: Welcome to \_\_\_\_\_\_\_. This handbook contains information regarding the preschool/child care program. It is very important that you read this handbook and keep it handy as long as your child is enrolled in the program. It will answer many of the questions you may have about our program.

# Part One: About the Center

# Mission/Philosophy

 Your center mission statement should be clearly defined. What is your purpose, what are your goals for the children and families in your center?

# **Hours/Days of Operation**

 List your center's hours of operation. Also list all days/holidays your center will be closed (consider using an insert listing specific dates/holidays of the year you are closed) and if applicable days your center will have early dismissal. It is recommended to charge full tuition for the days you are closed.

#### Staff

- If applicable, list the center's educational requirements for staff. Also, list continuing education requirements as well as CPR and First Aid staff training. A staff member with current CPR and First Aid is on duty whenever children are present.
- It is recommended to list the staff/child ratios for each group of children you care for (from the rules and regulations handbook). Also, list the maximum group size requirement.

# Part Two: Enrollment

# **Eligibility**

- List the ages of the children you accept. Also note that you do not deny enrollment on the basis of race, creed, color, national origin, gender, age or disability.
- Preadmission visits must be provided to parents to discuss and view facility, program and policies. Parents are provided written notice of any significant changes in program services or policies.
- List the required forms that need to be completed prior to attendance. Also note that these forms will be updated annually.
   Examples:
  - Immunization records(SFN or doctor's records)
  - Registration/child information form (SFN) Must verify identification of children in care—birth certificate, certified school records, passport or other documentary evidence.
  - Health records (SFN ) must be completed annually
  - Parent consent forms
  - Food program form Release of information form must be available and signed prior to the release of information.

Parent Handbook Sample - Page 1 of 8

- Enrollment form
- Make note that all records are confidential. If information needs to be updated at any other point, it is the parent's responsibility to notify the director in writing.

#### **Fees**

- List days and hours of reserved care Charge parents for all of the hours of care that they
  reserve, even if they do not use them. Remind parents they are paying for the "slot" that you
  hold for their child.
- List rates and fees and payment schedule
  - o Late pick up fee by the minute or quarter hour
  - Service fee for late payment or bounced check.
  - Supplemental fees (examples transportation, field trips, onsite services such as music lessons, etc.)
- Payment Policy
  - List when tuition fees are due. It is recommended that payment is made prior to receiving care.
  - List types of payments that are accepted such as electronic funds transfer, credit card, check, etc.
  - List the appropriate name checks need to be made out too and where checks can be dropped off.
- Family Discounts:
  - If applicable list family discounts your center offers. It is recommended to consider not offering family discounts due to the loss of income.
- Sick and Vacation Allowance
  - If applicable explain when a child is granted vacations days (after the first 6 months, year, etc.)
  - Explain how much notice center requires in order for child to use the vacation.
- Part time explain how you charge for part time care.

# **Changes in Enrollment**

- Withdrawals
  - List any requirements for written notices if child is withdrawn from the program.

#### **Probationary Period/Termination Policy**

• If applicable explain your probationary period – "the first two weeks of your child's enrollment will be considered as a probationary period. If we/you feel things are not working out, we reserve the right to give notice for removal. If after the probationary period or any time prior to that, if we feel that we can not meet the needs of the child, we may ask for the two week notice for your child."

#### **Schedule** (explain your procedures on the following topics)

- Attendance
  - Explain that the family will be billed for all days the child/ren is scheduled whether or not they use the services (due to vacation, illness etc.).
  - Explain additional fees for care over 10 hours a day. Typically full time care consists of up to 10 hours of care per day.
  - Explain the need for parents/guardians to call to notify staff if child will not be in care a particular day.
- Part-time schedules
  - If at all possible try to match part time schedules from separate families to create a full time slot – this will eliminate revenue loss.
  - It is recommended that anything over 3 days will be charged full-time rate (4-day schedules pay full rate).

Parent Handbook Sample - Page 2 of 8

- Changing schedule
  - Explain how much time you will need in advance for any change in schedule. It is also recommended to not guarantee that the change in schedule can be met but instead will be evaluated on a case by case need.
  - Inclement Weather Closing
    - List your procedure for center closing due to inclement weather. Offer specific media details on where parents can listen/watch for your center closing announcement.
  - Explain the importance of signing in and out the children. If your center is on the Child and Adult Care Food program this will serve as your record of daily enrollment.
    - Explain where the sign in/out sheets are posted and the clock parents/guardians should use to document time. Consider using a computer/electronic system for more accurate and consistent information; this also adds to the professionalism of your center.
  - Waiting list
    - Explain your waiting list procedure. List any applicable fees/deposits
    - If you have a priority policy for employees and currently enrolled families for the waiting list it is important to note that.

# Part Three: Center-wide Policies and Procedures

# Authorization to pick up child

- State that children will only be released to persons the parents have listed on the appropriate documents. (Must include full names and current phone numbers) Explain process to release children to adults not on "the list".
  - It also may be necessary to have a legal custodial agreement on file in cases of divorce or separation.
- Explain procedure taken if person picking up the child/ren is impaired due to alcohol/drug use.

#### **Birthday Parties**

• If your center will not be allowing homemade treats from children you should clarify the treats that are allowed.

# **Children's Arrival and Parents Departure**

- Offer suggestions on successfully dropping children off and successfully picking children up.
- List procedure for arrival and departure (walking child into classroom, helping them with their coats, helping them wash their children's hands, no cell phone rule, verbal exchange with staff required, sign in sheet, etc.)
- Explain that parents will be called after 30 minutes if child does not arrive when scheduled.
- Parents should remove their infant from the car seat as well as any outerwear upon arrival.
- Parents should place their own child in their car seat and secure the car seat safety straps unless program is transporting the child.

# Field Trips

- If your center will be going on periodic field trips explain the permission slip policy and also explain how fees for the field trip will be handled.
- Explain how children will be transported to/from field trips.

# **Emergency Procedures**

- List how often fire and tornado drills occur and where the records of the drills are kept.
- List procedures for lock-down and lock-outs

Parent Handbook Sample - Page 3 of 8

 Explain where your point of evacuation will be in the event of an emergency and how parents can contact you if this situation should occur.

#### Fire & Tornado Drills

List how often fire and tornado drills occur and where the records of the drills are kept.

# **Liability Insurance**

Explain that liability insurance is required and your center does have it. It is okay to explain that
your center's insurance is secondary, the parent's insurance will be required to cover injuries for
each child.

#### **Meals and Snacks**

- Give explanation of how meals are prepared (onsite or catered).
- Licensing requires:
  - Food supplied meets USDA requirements
  - Food must be properly prepared, sufficient in amount, and served at appropriate hours and in safe and sanitary manner.
  - You must offer nutritious varied diets according to the children enrolled
  - Children in care for more than 3 hours shall receive a snack or meal
  - Children in after school care are served snacks
  - Daily or weekly menus are posted
  - Menu planning a feeding schedules include information from parents to tailor a child's needs
  - Children are encouraged to eat, no coercion or force feeding
- List times of meals. Consider adding when children need to be dropped off by in order to receive meals.
- Discuss how food allergies will be handled.
- Discuss hand washing rules.
- Discuss procedures for sanitizing food contact surfaces (tables, counters, highchair trays, etc.)
- Discuss how food will be served.
- Discuss rules for food brought from home.

#### Nap and Rest Time Policy

- List rest time requirements for nap mat/blanket. Remember that licensing requires space be provided for quiet play for children who do not nap.
- Discuss options for non-nappers
- Consider "back rubbing" permission form
- Parent's responsibility to wash nap items weekly

# **Outdoor Policy**

- List your outdoor policy according to the day's outdoor temperature. National Standards for Child Care recommend that children are taken outside when temperatures are above 15 degrees F (wind chill or temperature) and below 90 degrees F (heat index).
- It is extremely important for children to have outdoor play time on a daily basis. If parents request their child not go outside, it is recommended for parents to obtain a written order from their child's health care provider. If parents feel their child is too sick to go outdoors then they are probably too sick to be in care.
- Explain that parents are responsible for providing weather appropriate clothing and shoes for active play.

Parent Handbook Sample - Page **4** of **8** 

#### **Photo Release**

 It is recommended to have a written permission form on file for all children to have their picture taken. Pictures of the children are taken quite often for room display, bulletin boards or sometimes media. Children cannot be photographed without a permission form from their parents/guardians.

# **Promotion /Transition of children**

• Explain when children will be transitioned to the next age group (i.e. based on chronological age, staffing, and maturity of child). You may want to explain that parent's wishes are always respected but may not always be granted due to the above.

# **Toys from Home**

• Explain your policy for toys brought from home. The majority of centers do not allow this do to the possibility of the toy being broken or misplaced. The exception to this rule could be nap comfort items or toys brought specifically for show and share.

# **Transportation**

• Explain your transportation policy if applicable.

#### **Visitors**

- All visitors should check in at the child care office. Explain that parents are welcome at any time (open door policy) but due to safety reasons you need to know who is in the building at all times.
- If program has security system, explain security door protocol and questioning unknown visitors.

# **Part Four: Program**

#### **Curriculum Overview**

- If your center follows a particular curriculum please explain it here.
- It is a good idea to share your center's philosophy of how children learn.
- The program provides written daily routine of individual or small group activities appropriate to age and needs of children. The program must include activities that foster social, intellectual, emotional and physical growth.

# Infant/Toddler Daily Schedule

- Include a copy of your infant and toddler room's daily schedules.
- It is recommended you explain that at this age daily schedules are very flexible and are used more for a guideline.
- The daily routine fosters development of good health habits, self-discipline, adequate indoor/outdoor play, rest/sleep with time and opportunity for various experiences.
- The environment protects children 0-12 month from physical harm without restricting physical, intellectual, emotional and social development. Environment and interactions requirements are complied with and reviewed.

# **Preschool Daily Schedule**

- Include a copy of your preschool daily schedule.
- The daily routine fosters development of good health habits, self-discipline, adequate indoor/outdoor play, rest/sleep with time and opportunity for various experiences.

# **Program Activities**

List any additional activities your center offers.

# Part Five: Guidance and Socialization (Discipline) Policy

#### **Positive Guidance**

Explain how your center focuses on positive guidance. Licensing requires you have a written
policy regarding discipline and that plan will be interpreted to staff before they begin working
with children.

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# List items that will not occur in your center

Examples could be any type of physical punishment, withholding things such as food due to unacceptable behavior, using physical restraints, etc.

(specific examples listed on pages 29-30 of licensing regulations)

# Part Six: Parents in the Program

# **Daily Communication**

Identify where parent information boards are located within the center. It is recommended to have a parent board for each classroom and a center information board located near the entrance of the building. The center communicates with parents about individual needs of children.

# **Grievance Procedure**

• Explain your process for handling complaints/concerns

#### **Mandated Reporter**

Licensing requires that all staff members are mandated reporters and they report any suspected child abuse or neglect as required by North Dakota Century Code 50-25.1-03.

# **Newsletters and Other Forms of Communication**

Explain how and when information will be communicated.

# **Parent/Teacher Conferences**

If your center offers parent/teacher conferences please list approximate times of the year you conduct them.

# **Parent Input**

- Include contact information for the parent board representatives (if applicable)
- Include information regarding becoming more involved with the center.
- Explain your grievance policy.

# Part Seven: Health and Safety

#### **Incident Procedure**

Explain when incident reports will be written up, when parents will be called and when emergency services will be called.

# **Children with Special Needs**

- Explain that all children with diagnosed special health needs are required by licensing to have a current care plan signed by a parent/quardian. Care plan must be updated at least yearly. \* For best practice, it is recommended to have the care plan also signed by a health care provider.
- Emergency medication and/or equipment specified in the care plan is recommended to be available at the program at all times and when child is taken off site during child care hours.

# **Emergency**

Medical Emergency

Parent Handbook Sample - Page 6 of 8

- Explain your procedure for an accident/occurrence that requires immediate medical attention. Licensing requires you have written plans to respond to illness and emergencies and that parents are advised for those plans. You must have written emergency care authorization.
- Evacuation
  - Explain where your point of evacuation will be in the event of an emergency and how parents can contact you if this situation should occur.
    - Shelter location for weather related events
    - Safe Place for lock down situation.

Explain your process for dealing with natural disasters.

#### **Guidelines for Exclusion Due to Illness**

- Offer detailed information regarding your exclusion policies for common illnesses in children such as blood in the stool, diarrhea, fever, rash, respiratory illness, vomiting, etc. as well as children who cannot participate comfortably in care and if illness results in greater need of care than staff can provide.
- Explain that your program can override any health care provider's orders.
- List illnesses that children are diagnosed with that parents need to inform the center of immediately.
- Explain procedure that will be followed if children become ill while at the center. Licensing
  requires that appropriate first aid and medical care is provided and parents are notified when
  needed.

# **Handwashing Policy**

• List all times children and adults are required to wash hands.

#### **Health Policies**

Explain process for notification of communicable diseases.

# **Infant Sleep Policy**

- Explain that all infants under the age of 12 months will be placed flat on their backs for sleep in a safety approved crib or playpen. If parents request that their infant is placed in an alternate sleep position or in another device/equipment for sleep, parents must provide a written order from a health care provider stating the medical reason and time frame to follow the order as well as written parental permission. Programs are recommended to consult an attorney to discuss the liability risk of following the request. Programs have the right to refuse care if they do not feel comfortable following the request.
- Explain that licensing requires written parental permission to use a blanket, sleep sack, security item, or pacifier.
- All infants will sleep within sight. Visual checks will be done every 10-15 minutes
- A sound monitor will be used in the infant nap room at all times. Visual checks will be done every 10-15 minutes.

# **Immunization Policy**

- Explain that children are required to be up-to-date with their immunizations and parents are expected to provide their child's immunization record.
- If child is unimmunized, the program is advised to consult an attorney before enrolling child to discuss liability risk. According to North Dakota's Century Code, child care programs cannot refuse to provide care to unimmunized children who are otherwise eligible if they present a valid exemption from immunization requirements. Parents need to be made aware that an unimmunized child may be enrolled in the program due the state law. If a vaccine preventable disease to which children are susceptible occurs at the program, it is recommended for unimmunized children to be excluded for the duration of the possible exposure.

# **Medication Policy**

Explain your medication policy thoroughly. Licensing requires written parental permission to give
prescription or OTC medication. Written permission and instructions from a health care provider
and the child's parent are recommended to be obtained to administer prescription and over-thecounter medications.

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- Explain to parents that medication should be given to staff and should not be left in diaper bags/backpacks or placed in cubbies. Licensing requires that medication be properly stored/inaccessible to children, in a spill-proof container.
- Written parental permission is required to apply any over-the-counter products such as sunscreen, insect repellent, diaper cream/ointment, etc.

#### **Pets**

• Only approved contained pets are accessible to children. All pets are properly immunized and the kitchen/eating area is free of pets.

# Clothing

• Explain that parents are responsible for providing extra clothing (appropriate size and for season) for each child in case they become soiled.

# **Water Hazards**

- I must have your parent permission and a description of your child's swimming ability in writing before I will allow your child to use the swimming/wading pool.
- List all types of water play provided at the child care program (ex. Swimming, wading, sprinklers, field trips to pools, etc.)
- I will not be involved in any activity other than directly supervising the child(ren) during water play; children will be kept in sight at all times during water play.

By signing this contract, parents/guardians and provider agree to abide by the written policies as stated in this handbook.

Director's Signature	Date
Parent's Signature	Date
Parent's Signature	Date
	Parent's Signature

#### Attention parents.

Licensing requires all parents to be given a copy of our center parent handbook.

Parent Handbook Sample - Page 8 of 8

# Staff Handbook - Sample

NOTE: All items highlighted in red are required by licensing.

# Part One: About the Center Welcome

• Include a 'welcome' paragraph. Also include expectations you have of all of your employees – "as an employee of this center you will be expected to exemplify excellence".

#### The Staff

- At-will employment?
- Explain that your center will not hire based on age, gender, race, religion, creed, national origin, marital or veteran status, national origin, or the presence of handicaps or disabilities.
- If applicable state that you guarantee fair treatment of all employees.
- All staff members must complete a SFN 508, Authorization for Background Check.
- List the center's educational requirements for staff. Also, list continuing education requirements as well as CPR and First Aid staff training. A staff member with current CPR and First Aid is on duty whenever children are present.
- It is recommended to list the staff/child ratios for each group of children you care for (from the rules and regulations handbook). Also, list the maximum group size requirement.
- Each staff member must certify completion of Department approved basic child care course within first 3 months.
- Staff member do certify attendance at the specified amount of minimum departmentapproved training annually.
- Staff members ensure safe care for children under supervision.

# **Delegation of Responsibilities and the Decision-Making Process**

 Create a chart showing the different levels of the center- this chart will help explain the grievance procedure.

#### Part Two: The Program

# Mission and Philosophy of the center

 Your center mission statement should be clearly defined. What is your purpose, what are your goals for the children and families in your center?

#### Curriculum

- If your center follows a particular curriculum please explain it here.
- It is a good idea to share your center's philosophy of how children learn.
- The program provides written daily routine of individual or small group activities appropriate to age and needs of children. The program must include activities that foster social, intellectual, emotional and physical growth.

# **State Licensing Rules and Regulations**

• It is expected that all employees will be knowledgeable in the ND Child Care Rules and Regulations handbook and follow all procedures.

#### **Primary Care**

• Give an explanation of what primary care is and why you use it in your center.

# **Guidance and Socialization (Discipline)**

- Explain how your center focuses on positive guidance. Licensing requires you have a written policy regarding discipline and that plan will be interpreted to staff before they begin working with children.
- Explain your procedure for disciplining the children in your care.

Staff Handbook Sample - Page 1 of 7

- o Explain the importance of never using physical punishment.
- o If you do use time out. Explain how you expect it to be used (never on a child under age 2, one minute per age of the child, etc.)
- Explain the importance of duplicate toys and large motor activities to prevent problems from occurring.

# Children with challenges or children with special needs Confidentiality

- All records, photos and information with respect to children receiving child care services are kept confidential.
- Explain that due to the sensitive nature of information you will know as a teacher, it is extremely important to keep sensitive information confidential. Information should be shared on a 'need to know' basis only.
- Sensitive information should not be shared in any public area of the center.
- Explain the importance of staying positive.

#### Part Three: General Policies and Procedures

#### Curriculum

- Include inserts of all of the rooms daily and weekly schedules
- If applicable, explain the expectations of lead teachers and assistant teachers as far as planning time, parent teacher conferences, primary caregivers, etc.

# **Outdoor Play**

- Explain your outdoor policy. This policy should be posted in all classrooms listing the high and low temperatures that would prevent children from going outside.
- Making sure children are dressed appropriately.
- Explain the importance of <u>all</u> children having outdoor time every day except for days your outdoor policy needs to be used.

# **Field Trips**

 If your center participates in field trips; explain your expectations of staff on the field trips.

# **Mealtimes**

- Explain your procedure for meal time including:
- Give explanation of how meals are prepared (onsite or catered).
- Licensing requires:
  - Food supplied meets USDA requirements
  - Food must be properly prepared, sufficient in amount, and served at appropriate hours and in safe and sanitary manner.
  - You must offer nutritious varied diets according to the children enrolled
  - o Children in care for more than 3 hours shall receive a snack or meal
  - o Children in after school care are served snacks
  - Daily or weekly menus are posted
  - Menu planning a feeding schedules include information from parents to tailor a child's needs
  - Children are encouraged to eat, no coercion or force feeding
- List times of meals. Consider adding when children need to be dropped off by in order to receive meals.
- Discuss how food allergies will be handled.
- Discuss hand washing rules.
- Discuss wearing gloves and/or using tongs when serving children

APPENDIX 45

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- Discuss procedures for sanitizing food contact surfaces (tables, counters, highchair trays, etc.)
- Discuss how food will be served.
- Discuss rules for food brought from home.

# Diapering, Toileting, and Washing Up

• Explain your procedures for these items. It is recommended to post the step-by-step procedures next to the appropriate areas (contact Child Care Aware's Health Consultant to receive a copy of the procedures or <a href="https://www.ndchildcare.org">www.ndchildcare.org</a>)

# **Napping**

- List rest time requirements for nap mat/blanket. Remember that licensing requires space be provided for quiet play for children who do not nap.
- Discuss options for non-nappers. Explain your procedure for 'non-nappers'. Whose responsibility is it to plan activities for the non-nappers?
- Explain your procedure regarding rubbing backs (do you have a parent permission form)
- Parent's responsibility to wash nap items weekly but staff responsibility to remind parents.
- Explain your infant sleep policy.

# **Maintaining Equipment and Materials and Purchasing**

- Explain teachers roles in rotating resources
  - It is recommended to list an expecting rotation schedule such as 'toys, books and wall display must be changed at the very minimum on a monthly basis".
- If applicable explain how resources/equipment are purchased.
  - Do individual classrooms have a monthly/yearly budget?
  - Do classrooms keep an ongoing wish list and turn it in to the director at specified times?

# Meetings

• It is recommended to hold monthly staff meetings. If the meetings are held on the same night every month please list that information. It is also recommended to note that attendance at the meetings is mandatory.

# Part Four: Personal and Professional Behavior

# **Confidentiality and Right to Privacy**

• Explain that each employees records with be kept confidential.

# **Professional Demeanor**

Explain the importance of using good judgment in each employee's behavior.

# **Explain your dress policy**

- Jewelry should be conservative. It is recommended that long chain necklaces or pendants not be worn as they can present a safety hazard to small children. Earrings should also be small, conservative and secure, to prevent children from grabbing and pulling loose.
- Shoes must be neat and in good repair at all times. Tennis shoes or flats are best.
   Since you are expected to engage the children in activities on the playground then shoes should be appropriate for the situation. Open toe or open heel shoes are not recommended for safety reasons (this would include flip flops).
- Clothing should be clean and in good repair at all times. You are hired to work with children and being down and on the floor frequently is part of the job responsibility. Clothing must be appropriate to engage children in all types of activities throughout the day. Clothes that are too revealing should be avoided. Clothes that have graphic designs should be avoided. Clothing should not have holes or lavish accessories. It is highly recommended to use a conservative outlook when deciding upon clothing.

# **Nametags**

If applicable, explain the importance of wearing employee nametag/identification.

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# **Smoking**

Smoking is not permitted on a child care facility premises or during breaks off premises.
 To prevent third-hand smoke exposure, anyone who smokes is required to keep and wear clean clothing at the facility that has not been worn when individual was smoking and was no kept in an environment where smoking occurs.

#### **Fragrance**

o Limit or prohibit use of perfumes, scented lotions, etc.

# **Food and Hot Beverages**

- Food brought from home may not be eaten in the presence of the children. Instead please consume all outside food on your designated lunch break.
- If your center serves meals family style it is recommended for staff to serve the same food to themselves as to the children and for staff to serve as role models to the children by eating nutritiously in front of the children.
- Staff should avoid drinking hot beverages around the children to avoid possible burns.
- All other beverages should be kept in a closed container and kept away from children.
- Keep respect for all of the children at the forefront of decisions regarding food.

#### **Music and Television**

- It is recommended to not use a television or at least limit it to very special occasions. If the television is used it is recommended on a very limited basis (20 minutes at a time) and only G rated movies should be used.
- Listening to talk radio or actual radio stations should not be allowed.

#### **Personal Phone Calls**

 Personal calls for staff should be conducted either before or after a shift, or on a lunch break.

# **Cell Phones**

- It is recommended to not allow the use of cell phones while staff are with the children.
- Personal cell phones are occasionally used for emergency purposes only when staff and children are off site.

#### **Staff Schedules**

- Explain where schedules are posted and when they are posted.
- List the procedure for requesting time off.

# **Calling in Sick**

- Explain your procedure for staff calling in sick.
  - 1. How much time is needed?
  - 2. Do staff need to find their own sub?
- It is recommended to have a policy for excessive absences that leads to disciplinary action.

#### **Paychecks**

- Explain when pay periods are and how paychecks will be distributed.
- If your center offers direct deposit; explain the process to set it up through the staff members' bank.

#### Orientation

- Licensing requires all new employees of child care centers have a two-day, onsite orientation to the child care program during the first week of employment. Please explain your center's orientation process.
- Items to be reviewed on first day before caring for children include:
  - Emergency health, fire, and safety procedures for the center
  - The importance of handwashing and sanitation procedure to reduce the spread of infection and disease among children and staff members
  - Any special health or nutritional problems of the children assigned to the staff member

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- Any special needs of the children assigned to the staff member
- Rules and policies of the child care center
- Child abuse and neglect reporting laws
- Infant Sleep
- If your center has a coaching/mentoring process, explain how you match the new employee and mentor and the expectations of both employees.

#### **Gross Misconduct**

- It is recommended to list offenses that may occur that would require immediate disciplinary action and quite possibly, termination. Some examples of prohibited activities are:
  - Neglect of physical abuse of a child.
  - Withholding of food, nap or other comforts from a child.
  - Yelling or the use of harsh tones of voice.
  - o Failure to report to work.
  - Falsification of center records.
  - o Conviction of a felony while employed at the center.
  - Leaving child/children unattended.
  - o Allowing a child to leave the center with an unauthorized person.
  - Sleeping while supervising children.
  - o Insubordination.

#### Conflict Resolution

Explain your procedure for resolving conflicts. Refer to your employee chart.

#### Part Five: Benefits

# Health/Dental Care, Life Insurance

If your center provides insurance list the availability guidelines.

#### Childcare benefits

• If your center provides for free or discounted child care tuition for the children of staff please explain the details.

# **Paid Vacation**

Explain your vacation policy.

# **Paid Holidays**

• List all holidays that the center is closed and staff will be given paid time off.

# Sick Leave

- Explain how your center handles sick leave.
  - Is there days set aside for this in a calendar year?
  - Is sick leave taken out of their vacation days?

# **Bereavement Leave**

- List how many days are given.
- It is recommended to explain that this policy is for immediate family members only.

# Part Six: Heath, Safety, and Emergency Procedures

# **Incident Procedure**

• Explain when incident reports will be written up, when parents will be called and when emergency services will be called.

# **Children with Special Needs**

- Explain that all children with diagnosed special health needs are required by licensing to have a current care plan signed by a parent/guardian. For best practice the care plan should also be signed by health care provider. The care plan must be updated at least yearly.
- Emergency medication and/or equipment specified in the care plan are recommended to be available at the program at all times and when the child is taken off site during child care hours.

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- All staff are recommended to be familiar with all of the children and staff in the program with care plans.
- Staff are trained and follow care plans.
- Explain procedure for staff with diagnosed special health needs.

# Emergency

- Medical Emergency
- Explain your procedure for an incident/occurrence that requires immediate medical attention.
- Explain procedures for fire, tornado, lockout/lockdown, etc.
- Explain procedures for conducting fire and emergency drills within guidelines of local fire department
- Explain where your point of evacuation will be in the event of an emergency and how parents can contact you if this situation should occur.
- Items to have available-first aid kit, emergency medications/care plans for children/staff with special needs, supplies, etc.
- Explain your process for dealing with natural disasters.

# **Guidelines for Exclusion Due to Illness**

- Offer detailed information regarding your exclusion policies for common illnesses in children such as blood in the stool, diarrhea, fever, pink eye, rash, respiratory illness, vomiting, etc.
- List illnesses that children are diagnosed with that parents need to inform the center of immediately.
- O Explain procedure that will be followed if children become ill while at the center.

# **Handwashing Policy**

• List all times children and adults are required to wash hands.

# **Handling Body Fluids**

- Explain procedure for when gloves should be worn (first aid, diapering, bodily fluids with visible blood)
- Explain procedure for cleaning up body fluids (vomit, spit-up, blood)
- Explain procedure for an exposure incident.

#### **Health Policies**

• Explain process for notification of communicable diseases.

# **Infant Sleep Policy**

- Explain that all infants under the age of 12 months will be placed flat on their backs for sleep in a safety approved crib or playpen. If parents request that their infant is placed in an alternate sleep position or in another device/equipment for sleep, parents must provide a written order from a health care provider stating the medical reason and time frame to follow the order as well as written parental permission. Programs are recommended to consult an attorney to discuss the liability risk of following the request. Programs have the right to refuse care if they do not feel comfortable following the request.
- Explain that licensing requires written parental permission to use a blanket, sleep sack, security item, or pacifier.

# **Immunization Policy**

Explain that children are required to be up-to-date with their immunizations and parents are expected to provide their child's immunization record. If child is unimmunized, the program is advised to consult an attorney before enrolling child to discuss liability risk. According to North Dakota's Century Code, child care programs cannot refuse to provide care to unimmunized children who are otherwise eligible if

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they present a valid exemption from immunization requirements. Parents need to be made aware that an unimmunized child may be enrolled in the program due the state law. If a vaccine preventable disease to which children are susceptible occurs at the program, it is recommended for unimmunized children to be excluded for the duration of the possible exposure

# **Medication Policy**

- Explain your medication policy thoroughly. Written permission from a health care provider and the child's parent are recommended to be obtained to administer prescription and over-the-counter medications.
- Written parental permission is required yearly to apply any over-the-counter medications.
- Explain procedures for properly storing medication.
- Explain procedures for documenting administration of medication.

# Cleaning, sanitizing, and disinfecting

- Explain what products you use for cleaning, sanitizing, and disinfecting.
- Explain procedure and frequency for cleaning, sanitizing, and disinfecting items and surfaces. Must include bathrooms, tables, chairs, floors, cots, mats, etc.

# Arrival/Departure:

- Explain that staff must greet parents and children. Learn names. There must be a verbal exchange with parents at arrival and departure in order to exchange information.
- Parents should remove their infant from the car seat and any outerwear upon arrival.
   Do not accept sleeping infant in car seat carrier.
- Parent should place their own child in their car seat and secure the car seat safety straps unless the program is transporting the child.
- Explain that staff must call parents after 30 minutes if child does not arrive when scheduled.
- Procedure for staff is person picking up child/ren is impaired due to alcohol/drug use, does not have custody, is not recognized by staff (ex. requiring photo ID)
- Security Door Protocol procedure for staff to follow when answering the door, questioning unknown visitors.
- Procedure for staff to follow if staff are made aware that parent has failed to provide/us a car seat/seat belt for their child.

# **Mandated Reporter**

 All staff are mandated reporters and they are required to report any suspected child abuse or neglect. Explain procedure to follow if staff suspect neglect/abuse.

# Conclusion

Please sign the attached forms that document your understanding of the enclosed policies.

By signing this contract, employees and director agree to abide by the written policies as stated in this handbook.

Director's Name (print)	Director's Signature	Date
Employee's Name (print)	Employee's Signature D	ate
Staff Handbook Sample - Page <b>7</b> of <b>7</b>		



Print It				
Child Care Provider/Program Le	egal Name	License Number	Today's I	Date
Address		City	State	ZIP Code
Telephone Number	Cell Phone Number	E-Mail Address		1
catastrophic event.	relocation plan in the event that	I am required to leave my child c	are address due to	a natural disaster or
FIRST CHOICE, WITHIN	THE SAME COMMUNITY			
Contact Name				
Address		City	State	ZIP Code
Telephone Number	Cell Phone Number	Additional Contact Information	on (E-Mail Address, e	tc.)
SECOND CHOICE, WITH	IN THE SAME COMMUNITY			
Contact Name				
Address		City	State	ZIP Code
Telephone Number	Cell Phone Number	Additional Contact Information	on (E-Mail Address, e	tc.)
OUTSIDE OF COMMUNI	ТҮ	<u> </u>		
Contact Name				
Address		City	State	ZIP Code
Telephone Number	Cell Phone Number	Additional Contact Information	on (E-Mail Address, e	tc.)
	person with whom I will be in touc ng outside of the immediate area		who the agency ca	an contact if necessary (e.g.,
Contact Name				
Address		City	State	ZIP Code
Telephone Number	Cell Phone Number	Additional Contact Information	on (E-Mail Address, e	tc.)
I understand that there are	critical items I am urged to take w	vith me when we evacuate. The	se may include:	
<ul><li>Agency contact informa</li><li>Contact information for</li></ul>	tion (e.g. agency emergency con currently enrolled families	tact number)		
Dakota Department of Hum	nt that I must evacuate my child on an Services. To contact the North mail my location to dhscfs@nd.go	h Dakota Department of Human		
I understand that if any of the of Human Services within 1	ne information included in this pla 4 days of the change.	n changes, I am to update the lic	censing agent or th	e North Dakota Department
Printed Name	<u> </u>			
Authorized Signature			Date	

Return form to your county licensor. Keep a copy in your files. A copy of this form will be shared with Child Care Resource and Referral to be used in emergency situations only.

Download a fillable SFN517 form at <a href="http://www.nd.gov/eforms/Doc/sfn00517.pdf">http://www.nd.gov/eforms/Doc/sfn00517.pdf</a>



# **Basic First Aid Kit**

Prepared by the Health Consultant Team at Child Care Aware® of North Dakota

A basic first aid kit should contain the following items:

First aid supplies should be stored in a closed container, accessible to the child care provider at all times, but out of the reach of children. Using a fanny pack or backpack to carry the content of a first-aid kit may be helpful when playing outside, going on a walk or field trip, etc. The kit should be restocked after an item is used.

<b>3</b>
☐ Roll of gauze
☐ Sanitary feminine pad (to cover a bloody wound and stop bleeding)
□ Tape
□ Bandaids
□ Cold pack
☐ Tissues
☐ Hand sanitizer
☐ Gloves
☐ Ace Wrap
☐ Arm Sling (large dish towel)
☐ Plastic grocery store bag– for bloody garbage
☐ Old gift card – to scrape out a bee/wasp stinger
☐ Bottle of water
☐ Two safety pins
□ Scissors

Revised 7/15



# PERSONAL AUTHORIZATION FOR CRIMINAL HISTORY BACKGROUND CHECK INQUIRY - EARLY CHILDHOOD NORTH DAKOTA DEPARTMENT OF HUMAN SERVICES CHILDREN AND FAMILY SERVICES-CBCU SFN 831 (12-2014)

Children and Family Services-CBCU North Dakota Dept. of Human Services 600 E Boulevard Ave Dept 325 Bismarck ND 58505-0250 dhscfscbc@nd.gov FAX: 701-328-3538

#### ATTENTION APPLICANT

<u>Should you, as a prospective</u>: early childhood services licensee, document holder, staff member or household member; are age 18 or older and *choose to initiate a criminal history background check* through the NDDHS, Children & Family Services Division, Criminal Background Check Unit (CBCU), please review the following information and complete as directed.

The Personal Authorization for Criminal History Background Check Inquiry-Early Childhood (SFN 831) <a href="http://www.nd.gov/eforms/Doc/sfn00831.pdf">http://www.nd.gov/eforms/Doc/sfn00831.pdf</a> and the Criminal History Background Check Address Disclosure/Release of Information Form (SFN 377) <a href="http://www.nd.gov/3forms/Doc/sfn00377.pdf">http://www.nd.gov/3forms/Doc/sfn00377.pdf</a> are available as fill-able, printable e-forms and are the only forms accepted by the CBCU to initiate a criminal history background check. To eliminate the issue of illegible forms, applicants are encouraged to complete all forms by using either the fill-able, printable e-forms option (preferred method); or to complete applicant forms by typing or printing information.

Required information: Completed SFN 831, Completed SFN 377, and either (a): LiveScan fingerprint submission (preferred method) conducted by a trained Scanner Operator from any of the (8) Regional Human Service Centers; law enforcement personnel or other BCI-trained official; or (b) (2) inked fingerprint cards. If applicant chooses to have inked fingerprint cards rolled by law enforcement personnel or other BCI-trained official, agency contact must provide applicant with (2) program-specific blank fingerprint cards/envelope (supplied by CBCU) to bring to their fingerprinting appointment. Applicant information on fingerprint cards must be completed in black ink only. Marker/highlighter cannot be used on the fingerprint cards. To prevent instances of applicants tampering with completed inked fingerprint cards, officials rolling fingerprints will seal applicants inked fingerprint cards within envelope and affix their agency stamp or official signature to envelope/envelope flap before handing over to applicant. Applicant must return the sealed envelope to agency contact for submission to CBCU.

#### NOTE TO APPLICANT/AGENCY CONTACT

- Review each section of forms for legibility and accuracy in completion to prevent a delay in processing of criminal history background check. Please Note: All applicant forms will be returned unprocessed by CBCU to the licensed provider or Director for required action if: 1) applicant, as applicable, has self-disclosed arrest(s), conviction(s), confinement, and/or dismissal(s) in any state, city, federal, tribal court or military process or indicates they have been the subject of child abuse/neglect reports(s) but fails to provide complete information (including name of state(s); date(s) and explanation of incident(s); 2) date applicant signs forms and the date their forms are received in the CBCU is greater than 10 working days; or 3) any section of the SFN 831 and/or the SFN 377 is illegible; incomplete; or contains information inconsistent with data listed on fingerprint cards.
- <u>Processing Fees:</u> NDDHS pays all criminal background check related applicant fees for Early Childhood Services Programs.

#### YOUR RIGHTS AND RESPONSIBILITIES

The Privacy Act of 1974 (P.L. 93-579, Section 7) requires that the following information be provided when individuals are requested to disclose their social security number: Disclosure of the social security number is voluntary and is requested for the purpose of conducting a criminal history background check. Failure to disclose this information may affect the applicants ability to become a licensed childcare provider, a holder of a self declaration or in-home registration document or to be a staff member in early childhood services program.

I understand that as a person who is subject to a criminal history background check, I am entitled to: (a) obtain a copy of any criminal background check report from the Bureau of Criminal Investigation (BCI) or the Federal Bureau of Investigation (FBI) by following their record request procedures; (b) obtain a copy of the child abuse & neglect index registry check report; (c) challenge the accuracy and completeness of any such report (in the jurisdiction involved with the charge or conviction); and (d) obtain a prompt resolution before a final determination is made by the authorized agency.

Your fingerprints will be used to check the criminal history records of the Federal Bureau of Investigation (FBI). You have the opportunity to complete or challenge the accuracy of the information contained in the he FBI identification record. The procedure for obtaining a change, correction, or updating an FBI identification record are set forth in Title 28 C.F.R. § 16.34.

For the Early Childhood Services Programs, this application and the results of the criminal background check are a public document and must be made available upon request. Information may be redacted pursuant to state and federal statute and rule.

# As A Prospective Early Childhood Services Licensee, Self-Declaration Provider, Registered In-Home Provider, Household Member (adult over age 18 residing in home where child care is provided) or Staff Member

<u>Staff Member</u>: I understand that the Department of Human Services may request a criminal history background check pursuant to NDCC 50-11.1. I further understand that prior to the completion of the criminal history background check,the early childhood services program may deny me unsupervised access to any child/children for whom the program provides care.

I understand that completion of the SFN 831 "Personal Authorization for Criminal History Background Check Inquiry-Early Childhood" is a <u>required</u> step to gain employment in an early childhood services program pursuant to NDCC 50-11.1.

<u>Prospective Early Childhood Services Licensee, Self Declaration Provider, Registered In-Home Provider, or Household Member</u> (adult over age 18 residing home where child care is provided): I understand that the Department of Human Services may request a criminal history background check pursuant to NDCC 50-11.1.

I understand that completion of the SFN 831 "Personal Authorization for Criminal History Background Check Inquiry-Early Childhood" is a <u>required</u> step for licensure as an early childhood services provider, as a self-declaration provider, registered inhome provider or household member pursuant to NDCC 50.11.1. I further understand that an application may be denied pursuant to 50-11.1-04. Application for license - Prerequisites for issuance - License granted - Term. 1. c.



Social Service Agency:

Address:

# PERSONAL AUTHORIZATION FOR CRIMINAL HISTORY BACKGROUND CHECK INQUIRY-EARLY CHILDHOOD

NORTH DAKOTA DEPT OF HUMAN SERVICES CHILDREN AND FAMILY SERVICES-CBCU SFN 831 (12-2014)

Applicant's Photo ID Check: (must be verified by Scanner Operator or Official rolling prints)					
ID Used:	☐ Driver's License or State ID☐ Passport☐ Tribal or Military ID☐				

Telephone Number:

Email Address:

ZIP Code:

State:

Legal Authority: NDCC 50-11.1 (Early Childhood Services) provides for a fingerprint based criminal history background check.

Licensor:

City:

**REQUIRED INFORMATION TO BE COMPLETED BY SOCIAL SERVICE AGENCY** (Social Service agency means the county social service agency conducting a licensing study or prospective employee screening for Early Childhood Services.)

REQUIRED INFORMATION	TO BE COM	PLETED I	BY DIRECTORS	OR PRO	VIDER	S				
Program Type:										
	· <u> </u>	Preschool	School Aged				Home Regis			
Full Legal Name of Childcare or	Director/Provider	Name (Fi	rst, Last)	):	Email Ad	ldress:				
Mailing Address:			City:			State:	ZIP Cod	e: Te	elephone Num	nber:
REQUIRED INFORMATION	то ве сом	PLETED I	L BY APPLICANT							
Owner/Provider	Emerger	ncy Designe	ee (Self-Declaration	Only)		Staff				
Full Legal   LAST Name: Name		FIRST Na	me:	MIDDLE	Name:	S	ocial Secur	ity Number:	* Telephor	ne Number:
Birth LAST Name: Name		FIRST Na	me:	MIDDLE	Name:		ate of Birth		Gender:	Female
Other Married (LAST Name(s)):			Nicknames:			A	liases:		<b>,</b>	
Current Address:			City:		County	:		State:	ZIP Cod	e:
2. I have never been the subject of the incident(s) or my pape  3. I have never been arreste  I have been arrested or co of my crime(s); including cor my paperwork will be recorded.	f a child abuse/ erwork will be re d or convicted privicted of a cridate(s) and city, eturned, unproc	neglect reporterned, unporterned, unporterne	ort(s). I understand or occessed, to agences in any state, city, by of the courts or pre(s), along with det gency contact listed	federal, to rocesses sails surroud above.	st provid listed ab ribal cou named a unding m	oove. rt or milita bove. I u ny arrest(s	ry process; nderstand the	OR nat I must pro n(s), confiner	rovide a comp	lete description
I give the North Dakota Department of Human Services permission to:  (1) use my fingerprints and the information on this form as a means of searching for my name on the National Crime Information Database; (2) search for my name on the North Dakota Child Abuse/Neglect Index or any state's Child Abuse/Neglect Central Registry or through any tribal court or Indian child welfare agency; (3) search for my name on the North Dakota or any state's sex offender or offender against children registry; (4) request any supplemental documentation about me related to any offense revealed through the course of this criminal background records check; (5) share any relevant information derived from any source with any authorized child welfare agency or early childhood services program indicated above.  I understand that an application may be denied if it contains false or misleading material information or if I intentionally withheld material information. Furthermore, I understand that:										
Based on NDCC 12.1-11-02. F  (2) A person is guilty of a class a. Makes a false written stat b. Intentionally creates a fals statement therein from be	A misdemeano ement, when the se impression in	r if, in a gov le statemen n a written a	it is material and he	does not				mation nece	essary to prev	ent a material
I certify that all information I have read by me or read to me and I u	e provided on the provided and the provi	nis form is tr	rue and correct to the	ne best of	my knov	vledge. I	certify that a	ıll statement	s on this form	have been
Signature of Applicant: SFN 831 must be received in Cl requirement)	BCU within 10 v	working day	rs from date signed	by applica	ant. (No	te: Applic		ed to re-sign		831 to fulfill this
Fingerprint ID Number (PCN) For Scanner Operator Use Only	y:					*	See Page	4, Your Ri	ghts and Re	esponsibilities
										_

Use this space to expand the explanations or information related to quest	tions from page 3
I certify that all the information I have provided on this form is true and correct to the best of read by me or read to me and I understand all the questions.	my knowledge. I certify that all statements on this form have been
read by the of read to the and runderstand all the questions.	
Signature of Applicant	Date:

#### **\* YOUR RIGHTS AND RESPONSIBILITIES**

requirement)

The Privacy Act of 1974 (P.L. 93-579, Section 7) requires that the following information be provided when individuals are requested to disclose their social security number: Disclosure of the social security number is voluntary and is requested for the purpose of conducting a criminal history background check. Failure to disclose this information may affect the applicants ability to become a licensed childcare provider, a holder of a self declaration or in-home registration document or to become a staff member with an early childhood services program.

SFN 831 must be received in CBCU within 10 working days from date signed by applicant. (Note: Applicant may need to re-sign/re-date SFN 831 to fulfill this

# **DISTRIBUTION OF SFN 831**

#### If Electronic Fingerprint Submission:

Scanner Operator: Scan SFN 831 (pages 3 and 4 only), submit to DHS Criminal Background Check Unit via Group EMail Address - <a href="mailto:dheck@nd.gov">dhecfscbc@nd.gov</a>

#### If Inked Fingerprint Submission:

Two Signed Copies to DHS Criminal Background Check Unit

ail to: Children and Family Services-CBCU North Dakota Dept. of Human Services 600 E Boulevard Ave Dept 325 Bismarck ND 58505-0250



Every Early Childhood Program is required to have certain information on file. These requirements are set forth in the rules and regulations for Early Childhood Services as adopted by the North Dakota Department of Human Services. All information requested herein is required and shall be kept confidential.

requested herein is required and shall be	kept confidential.			
Child's Name	Date Child Enrolled	Prefer	rred or Nickname of Child	Date of Birth
Mother's Name	Home Telephone Numb	ephone Number Cell Phone Number		Work Telephone Number
Home Address	1			
Place of Employment				Hours of Work
Father's Name	Home Telephone Number Cell Phone Number			Work Telephone Number
Home Address		<b> </b>		
Place of Employment				Hours of Work
EMERGENCY AUTHORIZATION In case of an emergency and parents car	not be reached, who s	should be co	ontacted?	
Name	Relationship to Child		Work Telephone Number	Home Telephone Number
Name	Relationship to Child		Work Telephone Number	Home Telephone Number
Physician to Call in an Emergency				Clinic Telephone Number
Dentist to Call in an Emergency				Clinic Telephone Number
I hereby authorize the Early Childhood Program  1. An emergency or unanticipated condition  2. Reasonable attempts to contact me have	necessitates immediate a			_
Parent Signature		Parent Signa	ature	Date
AUTHORIZATION TO RELEASE CHILD Unless otherwise authorized by you in writing, Program. List below any others you wish to a	only the parent or legal outhorize for this purpose.	guardian may	y pick up your child(ren) from	the Early Childhood
Name	Relationship to Child			Telephone Number
Name	Relationship to Child			Telephone Number
Name	Relationship to Child			Telephone Number
These people are <u>NOT</u> allowed to pick ι	ıp my child.			
Name		Relationship	to Child	
Name		Relationship to Child		
For Operator Use Only:				
The identification of this child has been verifie ☐ Copy of Child's Birth Certificate ☐ Child's		on, the child's	s parent has produced:	
Signature of Operator				

Download a fillable SFN845 form at <a href="http://www.nd.gov/eforms/Doc/sfn00845.pdf">http://www.nd.gov/eforms/Doc/sfn00845.pdf</a>



# PARENT'S STATEMENT ON HEALTH OF CHILD

ND DEPARTMENT OF HUMAN SERVICES/CFS SFN 847 (Rev. 11-2008)

INSTRUCTIONS: This form must be completed annually for any child enrolled in a licensed early childhood facility.

This form is completed by a parent or guardian of the child.

Full Legal Name of Child:		Birth Date: Enrollment Date:		Pl	Please check one:			
Full Legal Name(s) of Parent or 0	Guardian:				R	elations	ship:	
Address:			City:		S	tate:	ZIP Code:	
Home Telephone Number:	Work Telepho	ne Number:	Family	Dentist:				
Family Physician:			Clinic:		Te	Telephone Number:		
Hospital:					Te	elephon	e Number:	
Last Visit to Doctor:	1	Child's Height:			С	hild's W	/eight:	
Does The Child Have Any food, r	medication or e	nvironmental allerg	ies:	Yes No	•			
If Yes, List Allergies:		Describe Allergy Re	eaction:		U	sual Tre	eatment:	
Asthma H Diabetes S Vision Impairment	Diabetes Seizure Disorder Frequent Earaches Other Conditions (please specify):							
Please Explain All Checked Items	S:							
Is The Child Under Current Medic	cal Treatment?	Yes	☐ No	If yes, please list:				
Are There Any Medications That	The Child Take	s Daily? Yes	☐ No	If yes, please list:				
Describe Any Limitation Your Child May Have For Participation In An Early Childhood Program:								
Is there a health care plan for your child? Yes No If yes, please attach								
INSURANCE:								
Liability insurance is not a require the liability coverage that is presented.		nse to provide fami	ly or gro	up child care. Please	review w	ith you	child care provider	
<b>CERTIFICATION:</b> I certify that the above informatio	n is true to the	best of my knowled	lge.					
Parent or Guardian's Signature:						Date		

Download a fillable SFN847 form at <a href="http://www.nd.gov/eforms/Doc/sfn00847.pdf">http://www.nd.gov/eforms/Doc/sfn00847.pdf</a>



# The Great 35 Square Foot Myth

by Randy White & Vicki Stoecklin ©2003 White Hutchinson Leisure & Learning Group

One of the great myths of early childhood education is the standard of 35 square foot of classroom space per child for the design of child care classrooms. No one is totally sure how the 35 square foot standard originally evolved. There is some speculation that it has its origins in health department studies that elementary school children need a minimum of 35 square feet per student to prevent the spread of communicable diseases in the classroom.

Whatever the origins, the myth is perpetuated by state child care licensing standards, which almost universally, have adopted 35 square feet as their minimum standard. Unfortunately, most child care center developers and designers accept the 35 SF as an adequate and quality standard. The problem is that unlike other government codes and regulations, such as building codes where structural standards assure that roofs will be structurally sound and water systems will be safe, the classroom size standard has no foundation or relevance to the actual amount of space required to provide care for children. In effect, state child care licensing laws and regulations are legislating inadequate classroom design standards to the detriment of the children who occupy those classrooms.

There is a large body of research that shows that the amount of classroom space per child is the single most important environmental factor affecting the welfare of children and staff. The well-being, constructive behavior and social integration of preschool children in group settings are highly dependent on the size of the classroom. The research has consistently confirmed that 35 SF of classroom space per child (measured wall-to-wall) is inadequate and that about 50 SF is required. The research dates back over 25 vears. Some of the earliest research was done in the late 1970's for the U.S. Corps of Engineers Army to develop quality standards for Army child development centers. That study recommended a standard of 42 SF of activity area as adequate per child and 50 SF as optimum (Moore 1994).

A new research study from France has added to the evidence. Alain Legendre, a researcher for the French National Center for Scientific Research, monitored the cortisol levels of 113 children between 18 months and 40 months of age in eight child care centers in both France and Hungary over an eight month

period (Legendre 2003). An increased cortisol level is considered a good biological marker of stress, and in particular stress related to psychological distress. The literature on the physiology of stress during childhood shows the importance the regulation of the hypothalamic-pituitary-anrenocortical system, which produces cortisol, as it can affect other areas of development, including physical growth, behavioral outcomes, memory and cognitive process, and immune functioning.

The research found that 54 square feet (5 m2) of accessible play space per child is required to minimize children's stress levels. Previous research by Legendre showed that access to adequate space reduces the occurrence

"35 square ft. per child is a 5'x7' space.
That's just over twice the dimensions of the average playpen."

of competition and conflicts and promotes the development of positive interactions between children (Legrendre 1995).

Legendre's research is significant, as it is the first research to measure the impact of the classroom environment based upon children's reactions (through their stress levels), rather than based upon adult observation of children's behaviors.

Legendre's findings are consistent with a 1998 study done in the Netherlands to develop quality child care standards there. That study researched children in twelve different child care centers and found that a minimum of 48 SF per child is required (van Liempd 1998).

Legendre, in his research report, pointed out that adequate space is especially important for children who are developing their social skills in a peer group. Two to three year-olds often experience difficulty in shared play and in explicitly conveying the intent of their actions to peers, perhaps because their verbal communication skills are still rudimentary. Frequent misunderstandings and difficulties often disrupt interactions or lead to conflicts. Therefore, early peer groups are at the same time stimulating, but also demanding, and can involve frequent emotional arousal, either positively or negatively. Moreover, these children are often confronted with situations

The Great 35 Square Foot Myth - page 1 of 2

that challenge the limits of their sociocognitive skills that trigger stress. More space allows shy children or those who have difficulties adjusting to the group, to keep peers at a distance. They can use parts of the classroom where they are less socially exposed.

Many organizations have adopted quality classroom size standards. The GSA, that oversees the construction of all Federal buildings, including their child care centers, requires a minimum of 45 SF of usable activity area per child for toddlers and preschoolers exclusive of cubbies, restrooms and built-in cabinetry (GSA 1998).

The US Department of Defense uses the 45 SF standard in their Unified Facilities Criteria for the Design of Child Development Centers (Department of Defense 2002). The Head Start Technical Assistance Center recommends 50 SF (National Head Start 2003). The Easter Seals Child Development Center Network, that has the most experience including children with walkers and wheelchairs in child care settings and operates 50 centers nationwide, uses a 50 SF per child standard (Easter Seals 2003).

For years, the National Health and Safety Performance Standards, jointly published by the US Department of Health and Human Services, American Academy of Pediatrics and the American Public Health Association, has contained a standard of 50 SF per child, measured on the inside, wall-to-wall (American Academy of Pediatrics 2002).

Anita Rui Olds, until her death in 1999, was considered one of North American's leading experts on child care center design. In her criticism of the inadequacy of the 35 SF standard, she said, "Young children relate to the world through their bodies and their senses. They require large amounts of space in which to learn by moving and doing. Thirty-five SF per child is a 5' x 7' space – a little over twice the dimensions of the average playpen." Olds, based upon her research, recommended 50 SF per child (Olds 2001).

The following comparisons put 35 SF per child in perspective:

#### Prisons - 35 SF/person

Standards for prisons require more than 35 square feet per prisoner

#### Child's Bedroom - 120 SF

The average child's room at home is about 120 square feet. Allowing 40 SF for furniture leaves a remaining floor space of 80 SF for play.

#### Average Office - 100 SF/person

The typical amount of office space allocated for moderate size offices and circulation is 100 SF per person.

Twenty-five years is a long time to wait for a myth to die. To put children first, child care professionals and accreditation programs need to start insisting that child care centers be designed to quality standards and not let archaic licensing laws and size standards continue to work to the detriment of children.

#### References

American Academy of Pediatrics (2002). Caring for our Children. National Health and Safety Performance Standards: Guidelines for Out-of-Home Child Care Programs, Second Edition, American Academy of Pediatrics, Elk Grove Village, IL.

Department of Defense (2002). Unified Facilities Criteria (UFC). Design: Child Development Centers, Department of Defense, Washington, D.C.

Easter Seals Child Development Center Network (2003), National Director. Chicago, IL.

GSA (1998). Child Care Center Design Guide, U.S. General Services Administration, Washington, D.C.

Legendre, Alain (2003). Environmental Features Influencing Toddlers Bioemotional Reactions in Day Care Centers, Environment and Behavior, Vol. 35, July 2003, 523-549.

Legendre, Alain (1995). The Effects of Environmentally Modulated Visual Accessibility to Care Givers on Early Peer Interactions, International Journal of Behavioral Development, 18, 297-313.

Moore, G. et. al. (1994). Recommendations for Child Care Centers, University of Wisconsin-Milwaukee, Milwaukee, Wl.

National Head Start Facilities Information Services (2002). Region IV Head Start Quality Improvement Center, Director, Bowling Green, KY. Olds, Anita (2001). Child Care Design Guide, McGraw Hill, New York, NY.

van Liempd, Ine (1998). Unpublished findings from research conducted by AKTA Bureau of Research and Advise on the Use of Space in the Netherlands.

# **Start-up Budget Worksheet | Centers**

Income Items	Description	Income
Bank Loan		
Grants, Gifts and Contributions		
Fund Raising Events		
Other		
	TOTAL INCOME	\$

Exp	ense Items	Description	Expense
Per	sonnel Expenses		
	Program Director	Staff who plans and implements start-up period which could be as long as 6-12 months	
	Staff	Staff employed up to a month before children are enrolled	
	Staff Training	An intensive multi-day all-staff orientation should be conducted before opening. (# staff * training cost *hr wage)	
	Professional Services	Architect, attorney, contractors, etc.	
	Staff Recruitment	Signs, classified ads, etc.	
Lan	dscaping	Consider doing natural playscapes, possible fencing, outside water sources and maintenance to the yard.	
Bui	lding/Renovation	All costs such rent, construction, and/or renovation.	
Fur	niture/Equipment	Calculate: \$2000*child + \$200/ classroom for consumables	
	Infant/Toddler		
	Preschool		
	School-age		
	Outdoor Play Space		
	Office/Recordkeeping	Computer, software, printer, copier, telephone, intercom, security system	
	Kitchen	Commercial kitchen equipment might be required, contact your local health inspector for more information in your area.	
	Office Supplies	(Consumables: goods that have to be bought regularly because they wear out or are used up. Ex. paper, tape, etc.)	
	Cleaning Supplies/ Paper Products	(Consumables: goods that have to be bought regularly because they wear out or are used up. Ex. paper towels, toilet paper, cleaning products, etc.)	
	Other		
Kito	chen/Food	Plan for bulk storage and supplies (Approx \$5.19/day/child)	
Adv	vertising/Marketing	Money spent on making the program visible such as signage and attractive landscaping will be worth the investment.	
Lic	ensing Fees	Approximately \$50/yr	
Tra	nsportation	Will you be providing transportation? (To and from school/field trips etc.) Consider purchasing a safe transportation vehicle to accommodate a large group along with proper insurance and safety restraints, also budget for license requirement expenses.	
		TOTAL EXPENSES	\$

# **Annual Operational Budget Worksheet | Center**

Inc	come Items	Description	Income
Tu	ition	Consider a reduced utilization rate (85-95%)	
	Infant		
	Toddler		
	Preschool		
	School-age		
US	SDA Food Program		
Fu	ndraising		
Gr	ants		
Ot	her		
-		TOTAL INCOME	\$

Expense Items	Description	Expense
Salaries		
Infant Staff		
Toddler Staff		
Preschool Staff		
School-age Staff		
Admin/Support Staff/ Subs		
Professional Services	Attorney fees, accounting services, debt collection, etc.	
Staff Training/Resources	Include workshop fees, staff library, (# staff * training cost *hr wage). Should include substitutes	
Occupancy	All costs arising from use of a building and land: such as rent, mortgage, real estate taxes, snow removal, lawn services, mechanical maintenance, etc.	
Utilities	Contact utility provider about projected fees	
Phone/Internet Access	Contact utility provider about projected fees	
Loan Payment/Bank Fees		
Insurance	Secure commercial (business) liability insurance. In addition, non- profits require errors and omissions or directors and officer's liability insurance.	
Supplies		
Classroom	Adequate supplies are critical for a quality program (children need to paint, draw, and create.) Calculate \$200/classroom/month	
Cleaning/Paper/Kitchen	Consumables	
Office	Consumables & printing	
Parent Education	Calculate: \$50.00/month	
Replacement of Equipment		
Classroom	Calculate: \$150 to \$200 per child for furniture replacement costs/yr	
Playground	Calculate: \$2400/yr	
Administrative		
Repair/Maintenance	Building repair, parking lot upkeep	
Food	Calculate: \$5.19/day/child	
Advertising	Staff / child openings or special events.	
Licensing Fees/Inspections	Approximately \$50/yr	
Transportation	Licenses, vehicle insurance, repairs, and/or gas	
	TOTAL EXPENSES	\$

